

COVID-19: Boosting with an mRNA vaccine offers better protection in people who received two doses of CoronaVac

October 6 2022



Credit: Unsplash/CC0 Public Domain

One year after mass vaccination against COVID-19 was launched, inactivated virus vaccines accounted for half of the doses administered worldwide. Now, a large observational study performed in Brazil and co-led by Fiocruz and the Barcelona Institute for Global Health (ISGlobal), shows that in people who initially received two doses of the inactivated CoronaVac vaccine, an mRNA boost offers considerably better protection against mild and severe COVID-19 than a boost with the same vaccine. These findings, published in *Nature Communications*, have important implications for guiding boosting strategies in countries where most of the population received inactivated virus vaccines.

Vaccination against COVID-19 has proved to be highly effective in protecting against severe disease and death. However, the effectiveness of primary vaccination (i.e. the two initial doses) decreased upon the arrival of new variants of

concern, particularly [omicron](#), justifying the administration of a booster dose.

Most studies on [vaccine effectiveness](#) have focused on mRNA and adenoviral vaccines, even though inactivated virus vaccines have been widely used particularly in low and [middle-income countries](#). In fact, as of January 2022, they represent half of the doses administered worldwide. "Knowing the effectiveness of boosters in populations that received inactivated virus vaccines is critical for guiding future vaccination strategies in these countries," says Otavio Ranzani, ISGlobal researcher and first author of the study.

To boost with the same vaccine or with a different one?

In this study, Ranzani and his colleagues evaluated the effectiveness of boosting with an inactivated virus vaccine (CoronaVac) or with an mRNA vaccine (Pfizer) among Brazilian adults who initially received two doses of CoronaVac. The analysis, which included almost 1.4 million case-control pairs, was performed between December 2021 and April 2022, a time in which omicron BA.1 was predominant, and compared to a period when delta was dominant.

"The strength of our observational study is the large sample size and geographical coverage, covering each one of the 5,570 Brazilian municipalities," says Julio Croda, researcher at Fiocruz and Yale School of Public Health, and senior co-author of the study.

Results show that primary vaccination with two doses of the CoronaVac vaccine provided almost no protection against symptomatic disease by omicron, and 40-50% protection against severe disease. Boosting with CoronaVac conferred no

additional protection against symptomatic disease, and moderate additional protection against severe disease (74% and down to 40-50% for people aged over 75). Furthermore, this protection seemed to wane over the following four months. In contrast, an mRNA booster conferred higher protection against both symptomatic and [severe disease](#) (56.8% and 86%, respectively), and appeared to last for at least four months.

"Our findings have immediate implications for booster administration strategies in the context of the omicron variant," says Ranzani. They show that in individuals who initially received inactivated vaccines, heterologous boosting (in this case, with an mRNA vaccine) offers a substantial increase in protection, even in the elderly.

More information: Effectiveness of an Inactivated Covid-19 Vaccine with Homologous and Heterologous Boosters against Omicron in Brazil, *Nature Communications* (2022). [DOI: 10.1038/s41467-022-33169-0](#)

Provided by Barcelona Institute for Global Health

APA citation: COVID-19: Boosting with an mRNA vaccine offers better protection in people who received two doses of CoronaVac (2022, October 6) retrieved 12 December 2022 from <https://medicalxpress.com/news/2022-10-covid-boosting-mrna-vaccine-people.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.