

Impact of DNA mutations on lifelong blood cell production uncovered

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New research has uncovered how genetic mutations hijack the production of blood cells in different periods of life. Scientists at the Wellcome Sanger Institute, the Cambridge Stem Cell Institute, EMBL's



European Bioinformatics Institute (EMBL-EBI) and collaborators show how these changes relate to aging and the development of age-related diseases, including blood cancer.

The new study, published today in *Nature*, represents the first time that the lifelong impact of genetic mutations on cell growth dynamics has been explored.

All <u>human cells</u> acquire genetic changes in their DNA throughout life, known as <u>somatic mutations</u>, with a specific subset of <u>mutations</u> driving <u>cells</u> to multiply. This is common in professional blood making cells, known as blood stem cells, and results in the growth of populations of cells with identical mutations known as 'clones'. This process, termed 'clonal hematopoiesis', becomes ubiquitous with age, and is a risk factor for developing blood cancer and other age-related conditions.

To understand how and when clonal haematopoiesis develops, how it is influenced by aging, and how it relates to disease, the researchers tracked nearly 700 blood cell clones from 385 individuals aged over 55, who were part of the SardiNIA <u>longitudinal study</u>. Participants donated regular blood samples for up to 16 years.

DNA sequencing of blood samples showed that 92.4 percent of clones expanded at a stable exponential rate over the period studied. The rate of growth was primarily influenced by the nature of the mutated gene in each clone.

After capturing the behavior of clones in later life, the team used mathematical models to infer their growth patterns over the entire human lifespan. They uncovered that clone behavior changed dramatically with age depending on the identity of the mutated gene.

First, clones driven by mutations in *DNMT3A*, expanded fast in young



people and then decelerated in old age. Second, clones driven by mutations in *TET2* appeared and grew uniformly throughout life, such that they became more common than *DNMT3A*-mutant clones after the age of 75. Finally, clones with mutations in splicing genes, *U2AF1* and *SRSF2*, only expanded exclusively later in life and exhibited some of the fastest growth.

These age-dependent clonal behaviors mirror the frequency of emergence of different types of blood cancers and reveal that mutations associated with fast clonal growth are more likely to lead to malignancy.

Dr. Margarete Fabre, lead researcher on the study and Ph.D. student at the Wellcome Sanger Institute and the University of Cambridge, said: "Our findings reveal how acquired genetic changes hijack blood formation during our lifetimes, with normal <u>blood stem cells</u> competing against cells with pre-leukemia mutations. Understanding why some mutations prevail in youth and others in old age could help us find ways to maintain the health and diversity of our blood cells."

Dr. Moritz Gerstung, co-senior author of the study, from EMBL's European Bioinformatics Institute and the German Cancer Research Center (DKFZ), said: "For the first time we have been able to use genomic analysis to understand the past, present and future of mutant clones in our blood. These data show that the dynamics of blood clones are surprisingly predictable over a period of years, but also highlight that they change over a lifetime in ways we don't understand yet."

Professor George Vassiliou, co-senior author of the study, formerly from the Wellcome Sanger Institute, and now Professor of Hematological Medicine at the Wellcome-MRC Cambridge Stem Cell Institute, University of Cambridge, and Cambridge University Hospitals, said: "Collectively, our work reveals an astonishing interaction between advancing age and mutations in the DNA of our blood cells that is played



out as the expansion of cells with different mutations at different ages. Remarkably, these changes lead to the emergence of different types of blood cancers at different ages, and with different risks of progression. With this new understanding, researchers can begin to develop approaches and treatments to stop the development of blood cancer in its tracks."

More information: George Vassiliou, The longitudinal dynamics and natural history of clonal haematopoiesis, *Nature* (2022). <u>DOI:</u> 10.1038/s41586-022-04785-z. www.nature.com/articles/s41586-022-04785-z

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