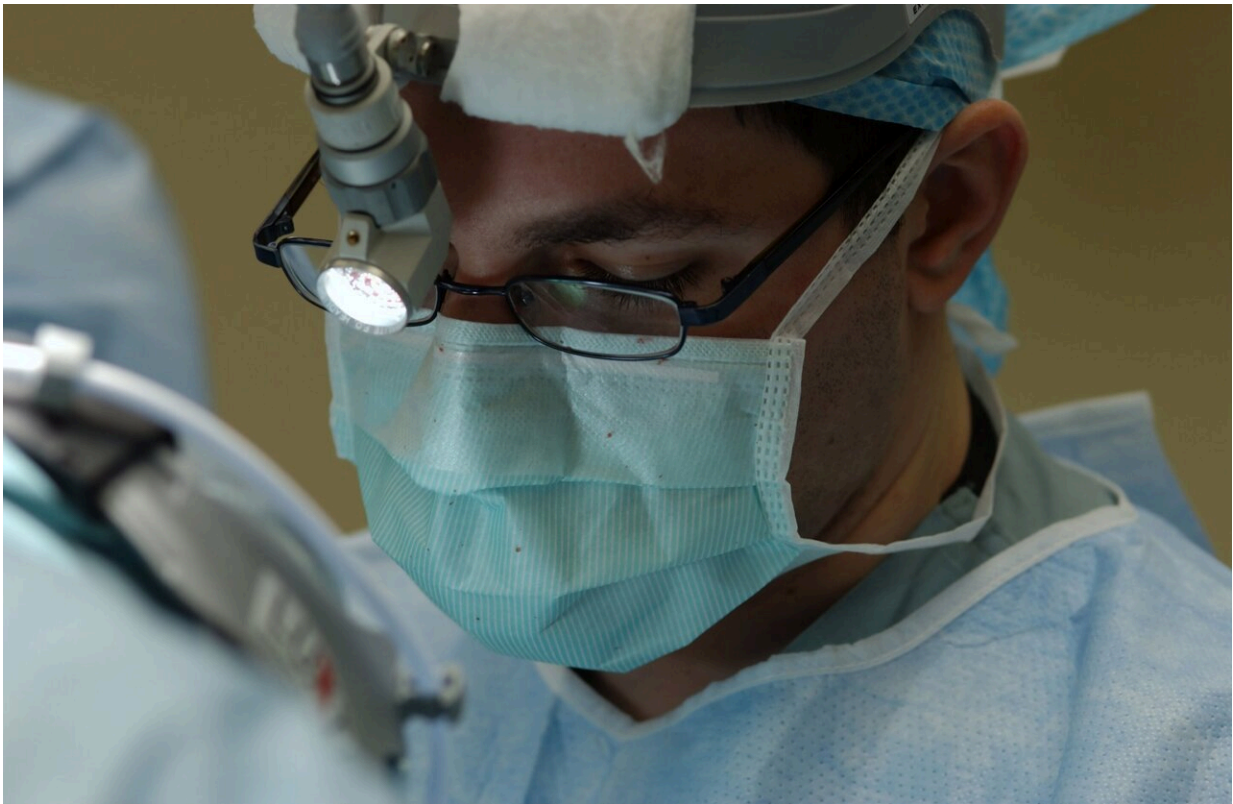


Persistent racial, ethnic disparities found in survival rates for early-onset colon cancer

May 24 2022



Credit: Unsplash/CC0 Public Domain

Five-year survival for younger adults with colorectal cancer (CRC) improved only for whites between 1992 and 2013, according to a new analysis to be presented at Digestive Disease Week (DDW) 2022. However, no survival gains were found for Blacks, Hispanics or Asians

with early-onset CRC (diagnosed younger than age 50).

"Our most stunning finding was that even over a 20-year span, Blacks had not caught up to whites in surviving early-onset CRC," said Dr. Timothy Zaki, the study's lead author and an [internal medicine](#) resident physician at the University of Texas Southwestern Medical Center. "Survival for Blacks diagnosed from 2003 to 2013 remained even lower than for whites diagnosed a decade earlier."

Using the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) program of cancer registries, the researchers identified 33,777 individuals newly diagnosed with early-onset CRC between January 1, 1992, and December 31, 2013. Of these, 58.5% were white; 14.5% Hispanic; 14% Black and 13% Asian.

They found that five-year relative survival ranged from 69.1% for whites to 57.6% for Blacks. Survival was lowest for Black men (56.5%) and highest for white women (70.6%). Even with localized disease, disparities persisted, with 94.2% of whites versus 90.2% of Blacks seeing five-year survival.

"Our study's identification of disparities among younger Hispanic and Asian adults adds to existing literature," said Dr. Zaki. "However, we lack information, such as what treatment these individuals received, that could help explain the disparities, so we are still left with the question of why they exist."

Disparities in CRC survival are well documented in [older adults](#), but younger adults are a growing yet less-studied proportion of those diagnosed. Scientists are still seeking reasons for racial and [ethnic disparities](#) in this disease, but believe they may include employment, insurance status, income and [education level](#), behaviors (e.g., tobacco, alcohol, diet), environment (e.g., rural or urban), [social support](#) and

cultural factors.

"With recommendations now that CRC screening start at age 45 versus 50, one concern is whether health disparities will worsen as a result," said Dr. Zaki. "If more are screened who have the means and inclination to do so—but we fail to make progress in other populations—we could see these gaps widening."

The researchers noted that this study's findings may help inform research on interventions to address disparities in early-onset CRC, and they recommended that future studies explore social determinants of health and diagnostic and treatment differences that may contribute.

Dr. Zaki will present data from the study, "Racial and ethnic [disparities](#) in early-onset [colorectal cancer](#) survival," abstract 895, on Tuesday, May 24, at 8:00 a.m. PDT.

More information: For more details about featured studies, as well as a schedule of availability for featured researchers, please visit www.ddw.org/press.

Provided by American Gastroenterological Association

Citation: Persistent racial, ethnic disparities found in survival rates for early-onset colon cancer (2022, May 24) retrieved 10 January 2023 from <https://medicalxpress.com/news/2022-05-persistent-racial-ethnic-disparities-survival.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.