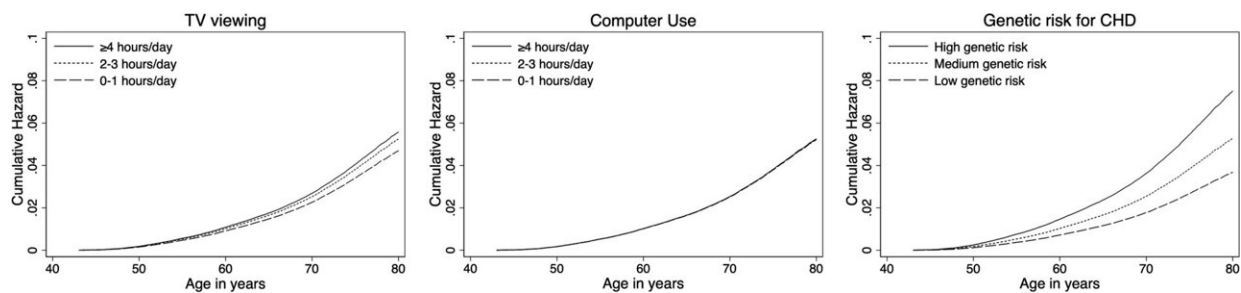


# Reducing TV viewing to less than one hour a day could help prevent 11% of cases of coronary heart disease

May 24 2022



Cumulative hazard of incident coronary heart disease (CHD) for each category of TV viewing, computer use and genetic risk across age ranges. Cox regression models using age as the underlying timescale were adjusted for sex, body mass index (weight in kilograms/height in meters squared), smoking status (never, previous, current), employment (unemployed, employed), Townsend Deprivation Index (a numerical deprivation score generated based on employment, car ownership, home ownership and household overcrowding according to postcode of participants' home address), alcohol consumption (never, previous, currently

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