

When and how mutant clones expand in normal endometrium

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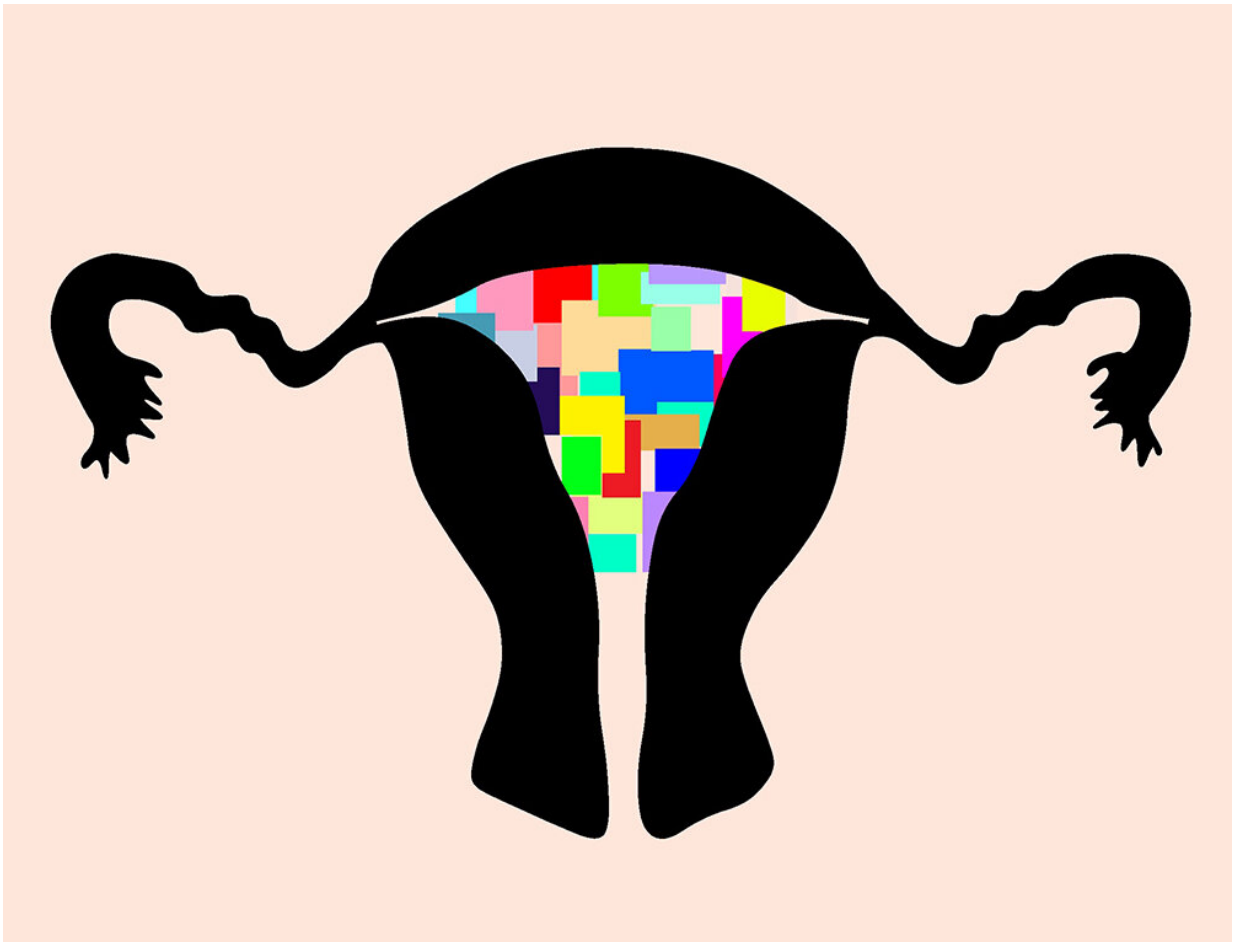


Figure 1. A schematic illustration of the hypothesized clonal selection and diversification in normal endometrial epithelium. Clonal expansions occur through the rhizome structure which are network-like glandular structures that run horizontally along the muscle layer at the bottom of the endometrium. Each color indicates an expanding clone. Credit: Niigata University

Monthly menstruation is a biological phenomenon in women of reproductive age that involves morphological and functional changes in the uterine endometrium followed by uterine lining shedding. The endometrial layer can regenerate after cyclic shedding in preparation for conception. The highly regenerating nature of this tissue can be a source of genetic mutations, increasing the likelihood of developing endometrium-related diseases, such as endometriosis, adenomyosis, endometrial hyperplasia, and endometrial cancer. These endometrium-related diseases have significant effects on the physical, mental, and social health of women throughout their lives.

In a recent study, published in *Nature Communications*, a team of scientists based at Niigata university sequenced normal endometrial glands from 37 women of reproductive age ranging from 21 to 53 years old to elucidate the timing and mechanism of the clonal expansion of cancer-associated mutations in the normal [endometrium](#).

First, the researchers examined 891 endometrial glands using target-gene sequencing. They discovered that more 50% of the endometrial glands examined had numerous [somatic mutations](#) in genes that are frequently mutated in endometrial cancers or endometriosis-associated ovarian cancers. Moreover, the burden of somatic mutations with high mutant allele frequency for each subject were found to be positively correlated to an individual's age and cumulative number of menstrual cycles (CNMCs). The researchers further investigated whether somatic mutations in cancer-associated genes were being positively selected in these normal endometrial glands. They discovered a strong positive selection for pan-gynecologic cancer-associated genes, such as KRAS, PIK3CA, and PTEN.

Second, to investigate how endometrial glands with somatic mutations

are distributed in the endometrium, the researchers performed [genomic analysis](#) for spatially resolved single endometrial glands, in which surgically resected specimens of the normal endometrium were subdivided into 6.25–25mm square grids, and the endometrial glands were collected from the grids. Interestingly, some glands collected from adjacent grids shared multiple mutations, suggesting divergence from a common ancestor. The authors used whole exome sequencing (WES) and whole genome sequencing (WGS) to confirm that glands shared mutations originated from common ancestral clones. Furthermore, the researchers estimated the chronological ages at which genomic events occurred in the endometrium and found that clonal expansions of cancer-associated gene mutations and copy neutral loss-of-heterozygosity events occurred early in life. In particular, bi-allelic PTEN loss by a frameshift insertion accompanied by arm-level copy neutral loss-of-heterozygosity was estimated to occur during teenage years in the endometrium of a 50-year-old woman. The results show that such genomic events were tolerated for decades in the normal endometrium.

Third, by performing 3D imaging analysis on normal proliferative endometrial tissues, the researchers hoped to elucidate the mechanisms by which endometrial glands with the same clonal origin expanded across spatially distant regions. They were able to visualize the plexus structures linking a group of glands to their root at the basal layer using previously established tissue-clearing-based 3D imaging technique, which they dubbed a rhizome structure. Although the vertical glands which grow from the rhizome are shed during menstruation, the rhizome structure remains at the stratum basalis.

Finally, to analyze the genetics of rhizome in 43 years old women who underwent hysterectomy for endometriosis, the researchers examined 70 serial cryosections to identify 3D structures of the endometrial glands. They also collected three sets of rhizomes with vertical glands growing from the rhizome separately by laser-capture microdissection. WGS

analysis showed that all endometrial glands sharing the same rhizome were monoclonal in origin. Moreover, mutant clones detected in the vertical glands diversified by acquiring additional mutations. These results suggest that the rhizome structures contribute a great deal to the mechanism by which mutant clones extend their territories.

In summary, the discovery reported in this study show that, rhizome structure in the endometrium originates from the same ancestral clone, whereas mutant clones arise and diversify from tissue regeneration during menstruation. The researchers propose a new model of clonal expansion in the normal endometrium. During menstruation, residual basal glands extend horizontally along the muscular layer to shape monoclonal rhizomes. Then, the rhizome gives rise to vertical glands with the same clonal origin. Some rhizome structures persist for many cycles of repair and regeneration during menstrual cycles and further expand their territories. Several rounds of clonal conversion might occur when new clones acquire selective advantages by cancer-associated gene mutations. The authors presume that clones with cancer-associated gene mutations may contribute to stable tissue regeneration by expanding the area of rhizome structure. On the other hand, the rhizome structures might confer deleterious effects to predispose women to endometrium-related diseases by accumulating cancer-associated gene [mutations](#).

The schematic illustration of their proposed clonal selection and diversification in normal endometrial epithelium is shown in Figure 1, where each color represents an expanding clone. In an interview with Professor Takayuki Enomoto, Department of Obstetrics and Gynecology who led this research at Niigata University Graduate School of Medical and Dental Sciences, said, "Our results of the evolutionary dynamics of mutant clones in the human endometrium will provide a molecular basis for better understanding the mechanisms of endometrial regeneration during the menstrual cycle and the pathogenesis of all diseases involving the endometrium. This 'new normal' knowledge will illuminate the path

toward the development of therapies to prevent and treat endometrium-related diseases."

More information: Manako Yamaguchi et al, Spatiotemporal dynamics of clonal selection and diversification in normal endometrial epithelium, *Nature Communications* (2022). [DOI: 10.1038/s41467-022-28568-2](https://doi.org/10.1038/s41467-022-28568-2)

Provided by Niigata University

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