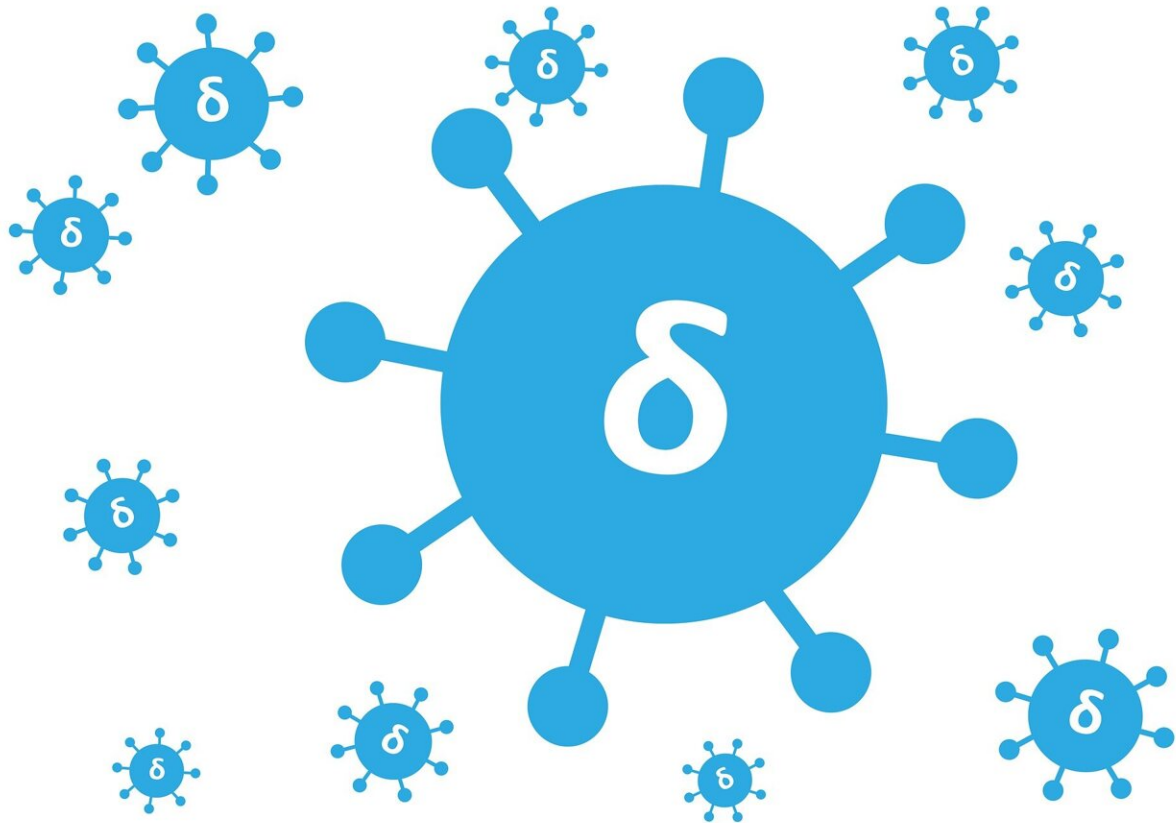


Moderna COVID-19 vaccine effective against virus variants: study

December 15 2021



Credit: Pixabay/CC0 Public Domain

Kaiser Permanente research published on December 15, 2021 in *The British Medical Journal* showed 2 doses of Moderna COVID-19 vaccine

were highly effective against all SARS-CoV-2 variants; however, vaccine effectiveness against the delta variant moderately declined with increasing time after vaccination.

"We conducted a previous study that showed the [high effectiveness of the 2-dose Moderna COVID-19 vaccine](#), but as the [delta variant](#) became predominant in [early summer](#) of 2021, questions arose about [effectiveness](#) against variants," said the lead author of the study, Katia Bruxvoort, Ph.D., an adjunct investigator with the Kaiser Permanente Southern California Department of Research & Evaluation.

"This study confirmed effectiveness against all variants during the study period, although we did find a drop in effectiveness over time against delta infection, from 94% effectiveness in the first 2 months after vaccination to 80% effectiveness after 6 months. Protection against hospitalization due to the delta variant remained high at 98% effectiveness."

At Kaiser Permanente in Southern California, molecular diagnostic testing for SARS-CoV-2 is free for members who request it regardless of whether they have COVID-19 symptoms. Testing also is done prior to hospital admission and many medical procedures. Beginning in March 2021, Kaiser Permanente in Southern California began sending positive SARS-CoV-2 specimens from both symptomatic and asymptomatic people to a contracted laboratory for whole genome sequencing.

This study, funded by Moderna, included 8,153 people who tested positive for SARS-CoV-2, with specimens collected from March 1 to July 27, 2021. Among them, 91.3% were unvaccinated, 1.4% had received 1 dose of Moderna COVID-19 vaccine, and 7.3% had received 2 doses of the Moderna COVID-19 vaccine.

Variants were identified for 5,186 of those samples; 39.4% were delta,

27.7% alpha, 11.4% epsilon, 6.9% gamma, 2.2% iota, 1.4% mu, and 11.1% other variants. At the time of this study, the omicron variant had not yet been detected in the Southern California region.

The researchers compared people who tested positive with those who tested negative. Researchers found:

- The 2-dose Moderna COVID-19 [vaccine effectiveness](#) against infection by variant:
 - Delta: 86.7%
 - Mu: 90.4%
 - Alpha: 98.4%
 - Other identified variants: 96 to 98%
- People who received the 2-dose Moderna COVID-19 vaccine were strongly protected against COVID-19 hospitalization associated with the delta [variant](#):
 - Vaccine effectiveness against delta hospitalization was high at 97.5%
 - Vaccine effectiveness against hospitalization for non-delta variants was not estimated because there were no hospitalizations with non-delta variants identified among vaccinated people
- Among people who had received the 2-dose Moderna COVID-19 vaccine, no hospitalized deaths occurred
- Vaccine effectiveness of 2 doses of Moderna COVID-19 vaccine against delta infection was 87.9% among people ages 18 to 64, and 75.2% among people ages 65 and older

"While this study provides reassuring evidence of the effectiveness of 2 doses of Moderna COVID-19 vaccine in preventing COVID-19 infection and hospitalization due to variants including delta, it also has

implications for booster shots," said the study's senior author, Hung Fu Tseng, Ph.D., a researcher with the Kaiser Permanente Southern California Department of Research & Evaluation. "The findings of moderately reduced vaccine effectiveness of Moderna COVID-19 [vaccine](#) over time against [delta](#) infection supports current booster dose recommendations."

More information: Effectiveness of mRNA-1273 against delta, mu, and other emerging variants of SARS-CoV-2: test negative case-control study, *British Medical Journal* (2021). [DOI: 10.1136/bmj-2021-068848](https://doi.org/10.1136/bmj-2021-068848), www.bmj.com/content/375/bmj-2021-068848

Provided by Kaiser Permanente

Citation: Moderna COVID-19 vaccine effective against virus variants: study (2021, December 15) retrieved 2 July 2023 from <https://medicalxpress.com/news/2021-12-moderna-covid-vaccine-effective-virus.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.