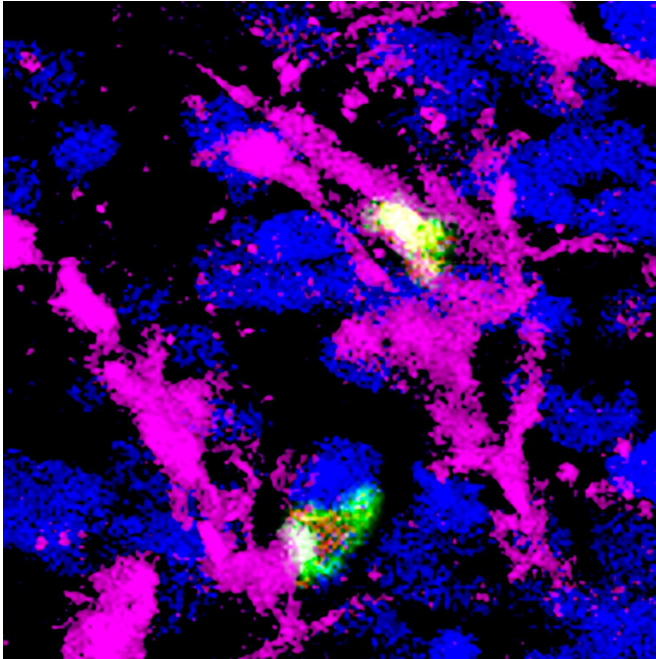


Common tumor inhibitor drug triggers unfavorable immune effects

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T regulatory cells (green with red nuclei) interact with antigen-presenting cells (magenta) in a tumor (blue). The Treg cell on top is activated (green fluorescence in the nucleus), while the one at the bottom is not (green fluorescence outside the nucleus). Activation of Treg cells promotes tumor growth. Credit: Francesco Marangoni

Cancer immunotherapy involving drugs that inhibit CTLA-4 also activates an unwanted response that may self-limit its efficacy in fighting tumors, according to a new study led by Francesco Marangoni, Ph.D., assistant professor of physiology & biophysics and member of the Institute for Immunology at the University of California, Irvine. Study results are published online in the journal *Cell*.

Using a person's own immune system—immunotherapy—to treat cancer may also stimulate T regulatory cells, which are essential for

preventing autoimmunity, in which the body attacks [healthy cells](#) and tissue, but limit tumor control. Some anticancer drugs of the checkpoint inhibitor family block the molecule CTLA-4 and activate both the CD8 and CD4 effector T cells, which kill cancer. Using intravital microscopy, a technique that allows imaging of cells within a [living organism](#), researchers found that CTLA-4 blockage also causes the expansion of T [regulatory cells](#), decreasing the effect of immunotherapy.

"Much of our knowledge of the mechanisms by which immunotherapy works is focused on the positive aspects of the body's reaction, but that treatment targets the whole immune system. In this study, we investigated how Treg cells are activated within the tumor mass. We discovered that Treg cells are continuously activated in cancer. In turn, they use CTLA-4 to instruct [dendritic cells](#) to become inefficient activators of the immune system. Upon CTLA-4 inhibition, dendritic cells become more active and promote the function of effector and regulatory T cells at the same time. This has the potential of limiting efficacy and may explain the failure of immunotherapy in some patients," said Marangoni, corresponding author on the study.

Future research will focus on identifying and removing unwanted immune reactions in other forms of immunotherapy. In particular, new strategies must be developed to decrease the activation of Treg cells in a controlled manner in order to avoid "fatal autoimmunity," Marangoni said: "The indiscriminate depletion of Treg cells would cause the CD8 and CD4 effector T cells to attack our body and potentially kill us."

More information: Francesco Marangoni et al, Expansion of tumor-associated Treg cells upon disruption of a CTLA-4-dependent feedback loop, *Cell* (2021). [DOI: 10.1016/j.cell.2021.05.027](https://doi.org/10.1016/j.cell.2021.05.027)

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