

Gene therapy offers potential cure to children born without an immune system

May 11 2021, by Tiare Dunlap



Six of the children who received treatment at UCLA through the gene therapy clinical trials. Credit: UCLA Broad Stem Cell Research Center

An experimental form of gene therapy developed by a team of researchers from UCLA and Great Ormond Street Hospital in London

has successfully treated 48 of 50 children born with a rare and deadly inherited disorder that leaves them without an immune system.

Severe combined immunodeficiency due to adenosine deaminase deficiency, or ADA-SCID, is caused by mutations in the ADA gene that creates the enzyme adenosine deaminase, which is essential to a functioning immune system. For children with the condition, even day-to-day activities like going to school or playing with friends can lead to dangerous, life-threatening infections. If untreated, ADA-SCID can be fatal within the first two years of life.

The investigational gene [therapy](#) method involves first collecting some of the child's blood-forming stem [cells](#), which have the potential to create all types of blood and immune cells. Next, using an approach developed by the research team, a new copy of the ADA gene is delivered into the stem cells by a modified lentivirus, or "viral vector." The corrected cells are then returned to the child's body, where they are intended to produce a continual supply of healthy [immune cells](#) capable of fighting infection.

In a study published today in the *New England Journal of Medicine*, co-lead authors Dr. Donald Kohn of UCLA and Dr. Claire Booth of Great Ormond Street Hospital, or GOSH, report two- and three-year outcomes for children treated with the investigational lentiviral gene therapy in clinical trials at GOSH, UCLA Mattel Children's Hospital and the National Institutes of Health between 2012 and 2017.

"Between all three [clinical trials](#), 50 patients were treated, and the overall results were very encouraging," said Kohn, a distinguished professor of microbiology, immunology and molecular genetics and a member of the Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research at UCLA. "All the patients are alive and well, and in more than 95% of them, the therapy appears to have corrected their underlying

immune system problems."

No complications or treatment-limiting events were reported among the patients. Most adverse events were mild or moderate, and were considered to be related to routine procedures performed in preparation for the experimental gene therapy treatment or effects of the immune system rebuilding.

"Treatment was successful in all but two of the 50 cases, and both of those children were able to return to current standard-of care-therapies and treatments, with one eventually receiving a bone marrow transplant," said Kohn, who has been working to develop gene therapies for ADA-SCID and other blood diseases for 35 years.

The investigational gene therapy—a one-time procedure that the researchers say may provide lifelong results—is a welcome potential new treatment option for children with ADA-SCID, who otherwise must undergo once- or twice-weekly injections of the ADA enzyme until a matched bone marrow donor, usually a close family member, can be found. If a donor is not available, patients require lifelong injections, along with antibiotics, antifungal medications and monthly infusions of immunoglobulin, which contains infection-fighting antibodies. These treatments are expensive and therefore out of reach for patients in many countries.

"If approved in the future, this treatment could be standard for ADA-SCID, and potentially many other genetic conditions, removing the need to find a matched donor for a [bone marrow transplant](#) and the toxic side effects often associated with that treatment," said Booth, a GOSH consultant in pediatric immunology and gene therapy.

The benefits of lentiviral gene therapy

Prior to teaming up, both Booth and Kohn worked separately for years on [successful gene therapies](#) for ADA-SCID that used viral vectors made from retroviruses. Retroviral vectors, however, can only enter cells' nuclei to deliver [genes](#) while the cells are dividing, limiting the number of cells receiving the genetic payload and, thereby, the potential efficacy of the treatment.

Additionally, while neither Kohn nor Booth observed serious complications in their ADA-SCID trials, other earlier studies testing retroviral vector-based gene therapies did report some serious side effects, including leukemia, in some patients.

In 2008, Booth and Kohn began collaborating with professors Bobby Gaspar and Adrian Thrasher of University College London to develop an improved viral vector using a different kind of virus, called a lentivirus. Viruses of this kind can enter non-dividing cells' nuclei and, when used as vectors, have the potential to make gene therapies safer and more effective. ADA-SCID patients began receiving the new gene therapy at GOSH in 2012; the following year, the experimental treatment was offered at UCLA and the NIH.

"More than 200 patients with various genetic conditions across the world have now been treated with experimental lentiviral gene therapies, and applying gene therapy to ADA-SCID is another significant scientific advance," said Thrasher, a senior author of the study who is also a professor of pediatric immunology at GOSH.

Ten of the children in the UCLA study were treated using a frozen preparation of corrected stem cells. These children experienced similar outcomes to the children treated with cells that were not frozen. The freezing approach may allow [children](#) with ADA-SCID to have their [stem cells](#) collected locally, then have them transported and processed at a manufacturing facility elsewhere and shipped back to a specialized

hospital near them, removing the need for patients and their families to travel long distances to specialist centers.

Provided by University of California, Los Angeles

Citation: Gene therapy offers potential cure to children born without an immune system (2021, May 11) retrieved 21 November 2023 from <https://medicalxpress.com/news/2021-05-gene-therapy-potential-children-born.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.