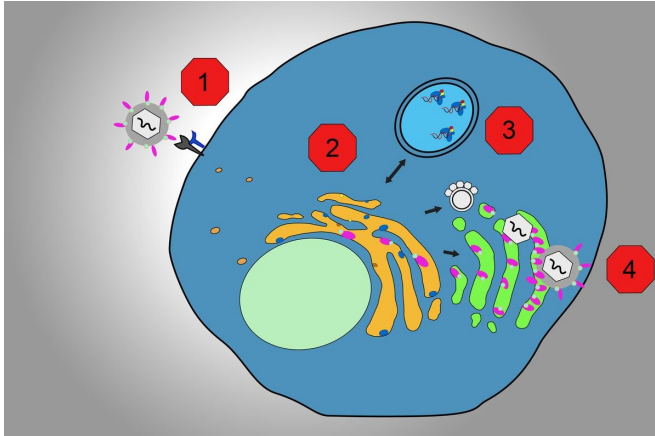


Potential COVID-19 treatment identified

25 March 2021, by Wayne Lewis



The steps of the virus growth cycle that can be targeted with therapies: The virus enters a host cell (1), the virus's genetic instructions are released, taking over cellular machinery (2), the virus is replicated within the cell (3) and copies of the virus exit the cell in search of new host cells to infect (4). Drugs like berzosertib might disrupt steps 2 and 3. Credit: Marc Roseboro/California NanoSystems Institute at UCLA

A collaboration among scientists from UCLA and other universities in California, Delaware and Germany, as well as a German pharmaceutical company, has singled out a compound that shows promise for treating SARS-CoV-2, the virus that causes COVID-19. In a series of experiments using different types of cells in lab dishes, the researchers found that berzosertib was effective in blocking the coronavirus's ability to replicate and did not cause significant harm to cells.

Berzosertib, which is licensed by Merck KGaA, Darmstadt, Germany, is being investigated in separate early- and mid-stage clinical trials in combination with chemotherapy as a possible treatment for [small-cell lung cancer](#), [ovarian cancer](#) and other types of tumors.

The study, published in the journal *Cell Reports*, was led by corresponding authors Robert

Damoiseaux, a UCLA professor of molecular and medical pharmacology and of bioengineering, and Vaithilingaraja Arumugaswami, a UCLA associate professor of molecular and medical pharmacology and a member of the UCLA Broad Stem Cell Research Center. Both are members of the California NanoSystems Institute at UCLA.

"Currently, there are no effective small-molecule [drug](#) therapies against COVID-19," said Gustavo Garcia Jr., the study's first author and a UCLA staff research associate. "This study identified a new potential therapy that could help the global fight against COVID-19 and support populations that have been disproportionately affected by this deadly disease."

Drugs are categorized as small molecules when their individual molecules are tiny enough that they can penetrate to where they are needed. The researchers screened 430 drugs from among the approximately 200,000 compounds in CNSI's Molecular Screening Shared Resource libraries. They identified 34 that demonstrated at least some ability to halt the coronavirus, and eight that did so at relatively lower doses, before zeroing in on berzosertib as the most promising candidate.

The scientists aimed to block the coronavirus's ability to use [cellular proteins](#) to replicate rather than attack the virus directly, because drugs that directly interfere with the virus are expected to have trouble keeping up with SARS-CoV-2's propensity to mutate.

With that in mind, they examined a class of therapies known as protein [kinase](#) inhibitors. Protein kinases are cellular enzymes that can turn specific proteins on or off. Compounds that inhibit specific [protein kinases](#) are increasingly being used to treat cancer because tumor cells use kinases to enhance their ability to grow.

Scientists believe the same type of drug could help fight SARS-CoV-2 because the virus hijacks certain protein kinases from its hosts in order to direct the

cells to produce new copies of the virus.

"Kinase inhibitors are very frequently standalone cancer treatments, and not all single-agent kinase inhibitors are well tolerated," said Damoiseaux, who is director of the Molecular Screening Shared Resource and UCLA's campus lead for the University of California Drug Discovery Consortium. "By contrast, berzosertib is not a standalone treatment and has very limited effects on cell health when used on its own. It may be worthwhile for researchers to run clinical trials to find out whether cancer patients in particular might profit from this drug as a COVID-19 treatment."

As a practical measure, the researchers limited their search to compounds that either had been approved, or are already in the process of being evaluated, for safety in humans.

"That way, the compounds have cleared the first regulatory hurdle and could be deployed for further [clinical trials](#) on COVID-19 faster than drugs that have not been tested in humans," Arumugaswami said.

In a series of seven experiments, the scientists tested [protein kinase inhibitors](#) in cultures of coronavirus-infected cells, including from organs that COVID-19 attacks, the kidney, heart and lungs. The researchers pretreated cells with the drugs, exposed the cells to SARS-CoV-2, allowed 48 hours for infection to set in, then evaluated results.

The investigations took place in a controlled high-security laboratory at UCLA that is designated for working with deadly microbes or viruses.

Berzosertib consistently stalled the coronavirus's replication without damaging [cells](#). The scientists also tested the drug against the coronaviruses that cause the diseases SARS and MERS, both of which triggered deadly outbreaks earlier in the 2000s. They found that it was effective in stopping the replication of those viruses as well.

"This is a chance to actually find a drug that might be broader in spectrum, which could also help fight coronaviruses that are yet to come," Damoiseaux said.

The researchers note that further research to explain the mechanism behind berzosertib's anti-[coronavirus](#) action and preclinical studies are both necessary before the compound could be tested in humans for treating COVID-19.

More information: Gustavo Garcia et al. Antiviral Drug Screen Identifies DNA-Damage Response Inhibitor as Potent Blocker of SARS-CoV-2 Replication, *Cell Reports* (2021). [DOI: 10.1016/j.celrep.2021.108940](#)

Provided by University of California, Los Angeles

APA citation: Potential COVID-19 treatment identified (2021, March 25) retrieved 24 April 2021 from <https://medicalxpress.com/news/2021-03-potential-covid-treatment.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.