

# CDC expands alert about listeria outbreak linked to cheese

26 February 2021



refrigerator and can easily spread to other foods and surfaces, the CDC said.

*Listeria* can cause [severe illness](#) when the bacteria spread beyond the gut to other parts of the body, and *Listeria* infection during pregnancy can lead to miscarriage, stillbirth, premature delivery, or life-threatening infection of the newborn. Symptoms of *Listeria* infection can include fever, muscle aches, headache, stiff neck, confusion, loss of balance, and convulsions.

**More information:** [More Information](#)

Copyright © 2020 [HealthDay](#). All rights reserved.

Consumers and businesses should not eat, sell, or serve any cheese sold under the brand name El Abuelito, the U.S. Centers for Disease Control and Prevention said Wednesday in an updated food safety alert about a *Listeria* outbreak.

The initial alert warned about recalled queso fresco cheese sold under the brand names of El Abuelito, Rio Grande, and Rio Lindo. The CDC now says that it is concerned that any cheese made or handled at this facility could be contaminated and make people sick.

Three new illnesses linked to the outbreak were reported this week. The [total number](#) of reported illnesses so far is 10 in four states (Connecticut, Maryland, New York, and Virginia). Nine people have been hospitalized. No deaths have been reported.

It is important to thoroughly clean refrigerators, containers, and surfaces that may have touched the cheeses, because *Listeria* can survive in the

APA citation: CDC expands alert about listeria outbreak linked to cheese (2021, February 26) retrieved 11 May 2021 from <https://medicalxpress.com/news/2021-02-cdc-listeria-outbreak-linked-cheese.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*