

Moderate alcohol consumption does not up stroke risk in A-fib

25 January 2021



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(HealthDay)—For patients with atrial fibrillation (AF), low-to-moderate alcohol intake is not associated with an increased risk for stroke or other cardiovascular events, according to a study published online Jan. 25 in *CMAJ*, the journal of the Canadian Medical Association.

Philipp Reddiess, M.D., from the Cardiovascular Research Institute Basel in Switzerland, and colleagues examined the association between alcohol consumption and [cardiovascular events](#) in patients with established AF. Data were combined from two comparable prospective cohort studies that followed 3,852 AF patients (mean age, 71 ± 10 years) for a median of three years. Patients were grouped according to daily alcohol intake.

The researchers identified 136 confirmed strokes or systemic emboli. Adjusted hazard ratios for the primary outcome event (composite of stroke and systemic embolism) were 0.87 (95 percent confidence interval, 0.55 to 1.37) for >0 to

APA citation: Moderate alcohol consumption does not up stroke risk in A-fib (2021, January 25) retrieved

2 September 2022 from <https://medicalxpress.com/news/2021-01-moderate-alcohol-consumption-a-fib.html>

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