

The important role of pharmacists for older adults' health

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Pharmacists play an important role in managing medication-based therapies for older community-dwelling patients, according to a study published in the *British Journal of Clinical Pharmacology*.

In the study of patients aged 65 years and older who came to a [pharmacist](#)-led outpatient clinic at a general hospital in Beijing, China between 2016 and 2018, pharmacists were helpful not only for identifying and solving drug-related problems, but also for improving measures such as [blood pressure](#) and cholesterol, and for reducing the cost of medications for patients.

"To the best of our knowledge, this study was the first to evaluate the outcomes of pharmacist-led medication therapy management services in ambulatory elderly patients in mainland China," the authors wrote.

More information: Xin Wang et al, Impact of pharmacist-led medication therapy management in ambulatory elderly patients with chronic diseases, *British Journal of Clinical Pharmacology* (2021). [DOI: 10.1111/bcp.14709](https://doi.org/10.1111/bcp.14709)

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