

# Living alone may increase risk of dying after hip fracture

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Individuals face a higher risk of dying following hip fractures. A new study published in the *Journal of Bone and Mineral Research* has found that living alone after experiencing a hip fracture may further elevate this risk.

For the study, researchers examined information on hip fractures from all hospitals in Norway from 2002 to 2013, and they combined the data with the 2001 National Population and Housing Census.

During 12.8 years of follow-up in 12,770 men and 22,067 women with hip fractures at ages 50 to 79 years, higher rates of death were seen in both men and women living alone versus those living with a partner (a 37% higher risk in men and a 23% higher risk in [women](#)).

**More information:** *Journal of Bone and Mineral Research* (2021).  
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