

Scientists build whole functioning thymus from human cells

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Researchers at the Francis Crick Institute and University College London have rebuilt a human thymus, an essential organ in the immune system, using human stem cells and a bioengineered scaffold. Their work is an important step towards being able to build artificial thymi which could be used as transplants.

The thymus is an organ in the chest where T lymphocytes, which play a vital role in the immune system, mature. If the thymus does not work properly or does not form during foetal development in the womb, this can lead to diseases such as severe immunodeficiency, where the body cannot fight infectious diseases or <u>cancerous cells</u>, or autoimmunity, where the immune system mistakenly attacks the patient's own healthy tissue.

In their proof-of-concept study, published in *Nature Communications* today, the scientists rebuilt thymi using <u>stem cells</u> taken from patients who had to have the organ removed during surgery. When transplanted into mice, the bioengineered thymi were able to support the development of mature and functional human T lymphocytes.

While researchers have previously rebuilt other organs or sections of organs, this is the first-time scientists have successfully rebuilt a whole working human thymus. The study, which was mainly funded by the European Research Council (ERC), is an important step not only for further research into and treatment of severe immune deficiencies but also more broadly for developing new techniques to grow artificial organs.

Sara Campinoti, author and researcher in the Epithelial Stem Cell Biology and Regenerative Medicine Laboratory at the Crick says: "Showing it is possible to build a working thymus from <u>human</u> <u>cells</u> is a crucial step towards being able to grow thymi which could one day be used as transplants".

To rebuild this organ, the researchers collected thymi from patients and in the laboratory, grew thymic epithelial <u>cells</u> and thymic interstitial cells from the donated tissue into many colonies of billions of cells.

The next step for the researchers was to obtain a structural scaffold of thymi, which they could repopulate with the thymic cells they had cultured. For this, researcher Asllan Gjinovci developed a new approach to remove all the cells from rat thymi, so only the structural scaffolds remained. They had to use a new microvascular surgical approach for this, as conventional methods are not effective for the thymus.

Asllan says: "This new approach is important because it enables us to obtain scaffolds from larger organs like the <u>human thymus</u>, something essential to bringing this beautiful work to the clinic."

The researchers then injected the organ scaffolds with up to six million human thymic epithelial cells as well as interstitial cells from the colonies they had grown in the lab. The cells grew onto the scaffolds and after only five days, the organs had



developed to a similar stage as those seen in nineweek old foetuses.

Finally, the team implanted these thymi into mice. They found that in over 75% of cases, the thymi were able to support the development of human lymphocytes.

Roberta Ragazzini, another author of the paper, adds: "The fact that we can extensively expand thymic stem cells taken from human donors into large colonies is really exciting. It makes it possible to scale up the process with a view to build 'human size' thymi."

Paola Bonfanti, senior author and group leader at the Crick and professor in the Division of Infection and Immunity at UCL says: "As well as providing a new source of transplants for people without a working thymus, our work has other potential future applications.

"For example, as the thymus helps the immune system to recognise self from non-self, it poses a problem for organ transplants as it can cause the <u>immune system</u> to attack the transplant.

"It is possible that we could overcome this by also transplanting a thymus regrown from cells taken from the thymus of the organ donor. We are confident that this may prevent the body attacking the transplant. The research behind this is still in early days, but it is an exciting concept which could remove the need for patients to take immune suppressors for the rest of their life.

The researchers are continuing their work rebuilding thymi to refine and scale up the process.

More information: Campinoti, S et al. (2020). Reconstitution of a functional human thymus by postnatal stromal progenitor cells and natural wholeorgan scaffolds. *Nature Communications*, DOI: 10.1038/s41467-020-20082-7

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