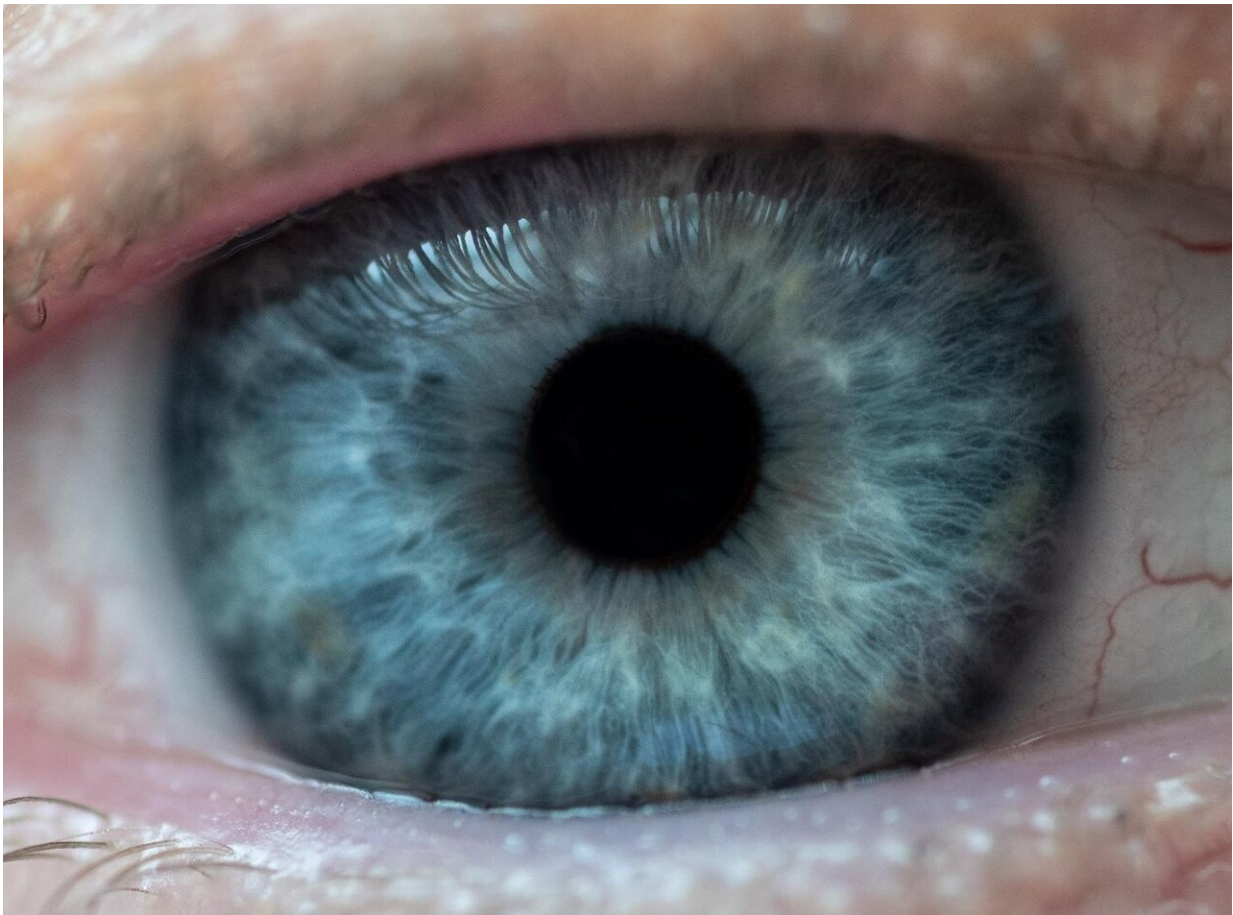


Hydrogel could open new path for glaucoma treatment without drugs or surgery

December 7 2020



Researchers have developed a potential new treatment for the eye disease glaucoma that could replace daily eye drops and surgery with a twice-a-year injection to control the buildup of pressure in the eye. Credit: Rob Felt, Georgia Tech

Researchers have developed a potential new treatment for the eye disease glaucoma that could replace daily eye drops and surgery with a twice-a-year injection to control the buildup of pressure in the eye. The researchers envision the injection being done as an office procedure that could be part of regular patient visits.

The possible treatment, which could become the first non-drug, non-surgical, long-acting therapy for glaucoma, uses the [injection](#) of a natural and [biodegradable material](#) to create a viscous hydrogel—a water-absorbing crosslinked [polymer structure](#)—that opens an alternate pathway for excess fluid to leave the eye.

"The [holy grail](#) for glaucoma is an efficient way to lower the pressure that doesn't rely on the patient putting drops in their eyes every day, doesn't require a complicated surgery, has minimal side effects, and has a good safety profile," said Ross Ethier, professor and Georgia Research Alliance Lawrence L. Gellerstedt Jr. Eminent Scholar in Bioengineering in the Wallace H. Coulter Department of Biomedical Engineering at Georgia Tech and Emory University. "I am excited about this technique, which could be a game-changer for the treatment of glaucoma."

The research, which was supported by the National Eye Institute and the Georgia Research Alliance, was published Dec. 7 in the journal *Advanced Science*. The research was conducted in animals, and shows that the approach significantly lowered the intraocular pressure.

As many as 75 million people worldwide have glaucoma, which is the leading cause of irreversible blindness. Glaucoma damage is caused by excess pressure in the eye that injures the optic nerve. Current treatments attempt to reduce this intraocular pressure through the daily application of eye drops, or through surgery or implantation of medical devices, but these treatments are often unsuccessful.

To provide an alternative, Ethier teamed up with Mark Prausnitz, professor and J. Erskine Love Jr. Chair in the School of Chemical and Biomolecular Engineering at Georgia Tech, to use a tiny hollow needle to inject a polymer preparation into a structure just below the surface of the eye called the suprachoroidal space (SCS). Inside the eye, the material chemically crosslinks to form the hydrogel, which holds open a channel in the SCS that allows aqueous humor from within the eye to drain out of the eye through the alternative pathway.

There are normally two pathways for the aqueous humor fluid to leave the eye. The dominant path is through a structure known as the trabecular meshwork, which is located at the front of the eye. The lesser pathway is through the SCS, which normally has only a very small gap. In glaucoma, the dominant pathway is blocked, so to lessen pressure, treatments are created to open the lesser pathway enough to let the aqueous humor flow out.



A microneedle less than a millimeter in length is used to inject a natural and biodegradable polymer material into a structure in the eye. The material forms a hydrogel that holds open a pathway to release pressure from the eye. Credit: Gary Meek, Georgia Tech

In this research, the hydrogel props open the SCS path. A hollow microneedle less than a millimeter long is used to inject a droplet (about 50 microliters) of the hydrogel-precursor material. That gel structure can keep the SCS pathway open for a period of months.

"We inject a viscous material and keep it at the site of the injection at the interface between the back of the eye and the front of the eye where the suprachoroidal space begins," Prausnitz said. "By opening up that space, we tap a [pathway](#) that would not otherwise be utilized efficiently

to remove liquid from the eye."

The injection would take just a few minutes, and would involve a doctor making a small injection just below the surface of the eye in combination with numbing and cleaning the injection site. In the study, the researchers, including veterinary ophthalmologist and first author J. Jeremy Chae, did not observe significant inflammation resulting from the procedure.

The pressure reduction was sustained for four months. The researchers are now working to extend that time by modifying the polymer material—hyaluronic acid—with a goal of providing treatment benefits for at least six months. That would coincide with the office visit schedule of many patients.

"If we can get to a twice-a-year treatment, we would not disrupt the current clinical process," Prausnitz said. "We believe the injection could be done as an office procedure during routine exams that the patients are already getting. Patients may not need to do anything to treat their [glaucoma](#) until their next office visit."

Beyond extending the time between treatments, the researchers will need to demonstrate that the injection can be repeated without harming the eye. The procedure will also have to be tested in other animals before moving into human trials.

"The idea of having a 'one-and-done' treatment that lasts for six months would be particularly helpful for those whose access to healthcare is non-optimal," Ethier said. "Having a long-acting therapy would have an additional advantage during times of pandemic or other disruption when access to healthcare is more difficult."

More information: J. Jeremy Chae et al, Drug-Free, Nonsurgical

Reduction of Intraocular Pressure for Four Months after Suprachoroidal Injection of Hyaluronic Acid Hydrogel, *Advanced Science* (2020). DOI: [10.1002/advs.202001908](https://doi.org/10.1002/advs.202001908)

Provided by Georgia Institute of Technology

Citation: Hydrogel could open new path for glaucoma treatment without drugs or surgery (2020, December 7) retrieved 5 January 2023 from <https://medicalxpress.com/news/2020-12-hydrogel-path-glaucoma-treatment-drugs.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.