

Kids mount a COVID-19 immune response without detection of the SARS-CoV-2 virus

17 November 2020



Credit: Murdoch Children's Research Institute (MCRI)

Children in a Melbourne family developed a COVID-19 immune response after chronic exposure to the SARS-CoV-2 virus from their parents, a new case report has found.

The research, led by the Murdoch Children's Research Institute (MCRI) and published in *Nature Communications*, showed that despite close contact with symptomatic infected parents, including one child sharing the parents' bed, the [children](#) repeatedly tested negative for COVID-19 and displayed no or minor symptoms.

MCRI's Dr Shidan Tosif said compared to adults, children with COVID-19 usually have very mild or asymptomatic infection, but the underlying differences between children's and adults' immune responses to the virus remained unclear.

The study looked at the immune profile in a Melbourne [family](#) of two parents with symptomatic COVID-19 and their three primary school aged children. Before COVID-19 took hold in Australia, the parents attended an interstate wedding without their children. After returning, they developed a cough, congested nose, fever and headache, and

all family members were immediately recruited for the research study.

Samples including blood, saliva, nose and throat swabs, stools and urine were collected from the family every 2-3 days.

The researchers found SARS-CoV-2 specific antibodies in saliva of all family members and in detailed serology testing compared to healthy controls.

MCRI's Dr Melanie Neeland, who led the laboratory-based aspect of the report, said the team performed a careful analysis of the various subsets of immune cells and antibody types, showing that the children mounted an [immune response](#) that potentially contained the virus.

"The youngest child, who showed no symptoms at all, had the strongest antibody response," she said. "Despite the active immune cell response in all children, levels of cytokines, molecular messengers in the blood that can trigger an inflammatory reaction, remained low. This was consistent with their mild or no symptoms."

Dr Tosif said that while all [family members](#) fully recovered without requiring medical care, the team unfortunately could still not be certain how long, if at all, they would be protected from reinfection.

MCRI Associate Professor Nigel Crawford said the study raised the possibility that despite chronic exposure, children's immune systems allowed them to effectively stop the virus from replicating inside their cells.

"Investigating immune responses to SARS-CoV-2 across all age groups is key to understanding disease susceptibility, severity differences, and vaccine candidates," he said.

More information: Shidan Tosif et al. Immune

responses to SARS-CoV-2 in three children of parents with symptomatic COVID-19, *Nature Communications* (2020). DOI: [10.1038/s41467-020-19545-8](https://doi.org/10.1038/s41467-020-19545-8)

Provided by Murdoch Children's Research Institute

APA citation: Kids mount a COVID-19 immune response without detection of the SARS-CoV-2 virus (2020, November 17) retrieved 3 August 2022 from <https://medicalxpress.com/news/2020-11-kids-mount-covid-immune-response.html>

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