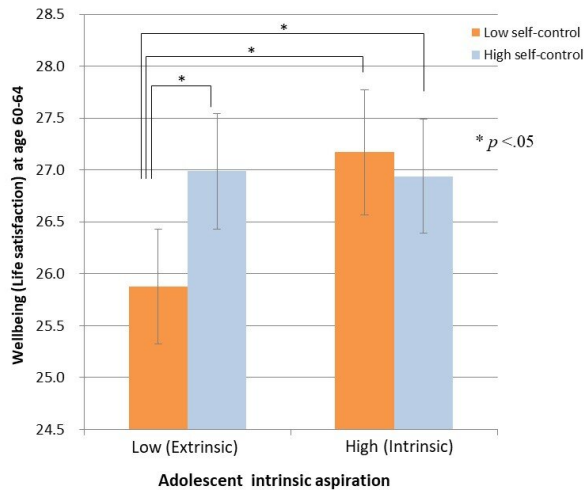


Sixty-year old cohort study reveals adolescent value predicts wellbeing in older age

11 November 2020



Differences in longitudinal effects of adolescent intrinsic aspirations on wellbeing in older age between adolescents with high and low self-control problems. The four groups were divided by the mean adolescent self-control and intrinsic aspiration scores. The orange bars reflect participants with low self-control, and the blue bars reflect participants with high self-control. The left bars reflect participants with low adolescent intrinsic (extrinsic) aspiration scores, and the right bars reflect participants with high adolescent intrinsic aspiration scores. The group with high self-control problems and low intrinsic aspiration was significantly lower than the other three groups. *Significant difference (p

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