

Vitamin D lessens symptoms of severe eczema in children

4 November 2020

Provided by Wiley



Credit: CC0 Public Domain

Vitamin D supplementation eased the symptoms experienced by children with severe atopic dermatitis, or eczema, in a recent randomized controlled trial published in *Pharmacology Research & Perspectives*.

Investigators reported on the results of 86 patients with the [inflammatory skin condition](#) who completed the trial and received either oral daily vitamin D or placebo, in addition to [standard care](#), for 12 weeks.

"Vitamin D supplementation could be an effective adjuvant treatment that improves the clinical outcomes in severe atopic dermatitis," the authors wrote.

More information: Noha O. Mansour et al, The impact of vitamin D supplementation as an adjuvant therapy on clinical outcomes in patients with severe atopic dermatitis: A randomized controlled trial, *Pharmacology Research & Perspectives* (2020). DOI: [10.1002/prp2.679](https://doi.org/10.1002/prp2.679)

APA citation: Vitamin D lessens symptoms of severe eczema in children (2020, November 4) retrieved 2 May 2021 from <https://medicalxpress.com/news/2020-11-vitamin-d-lessens-symptoms-severe.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.