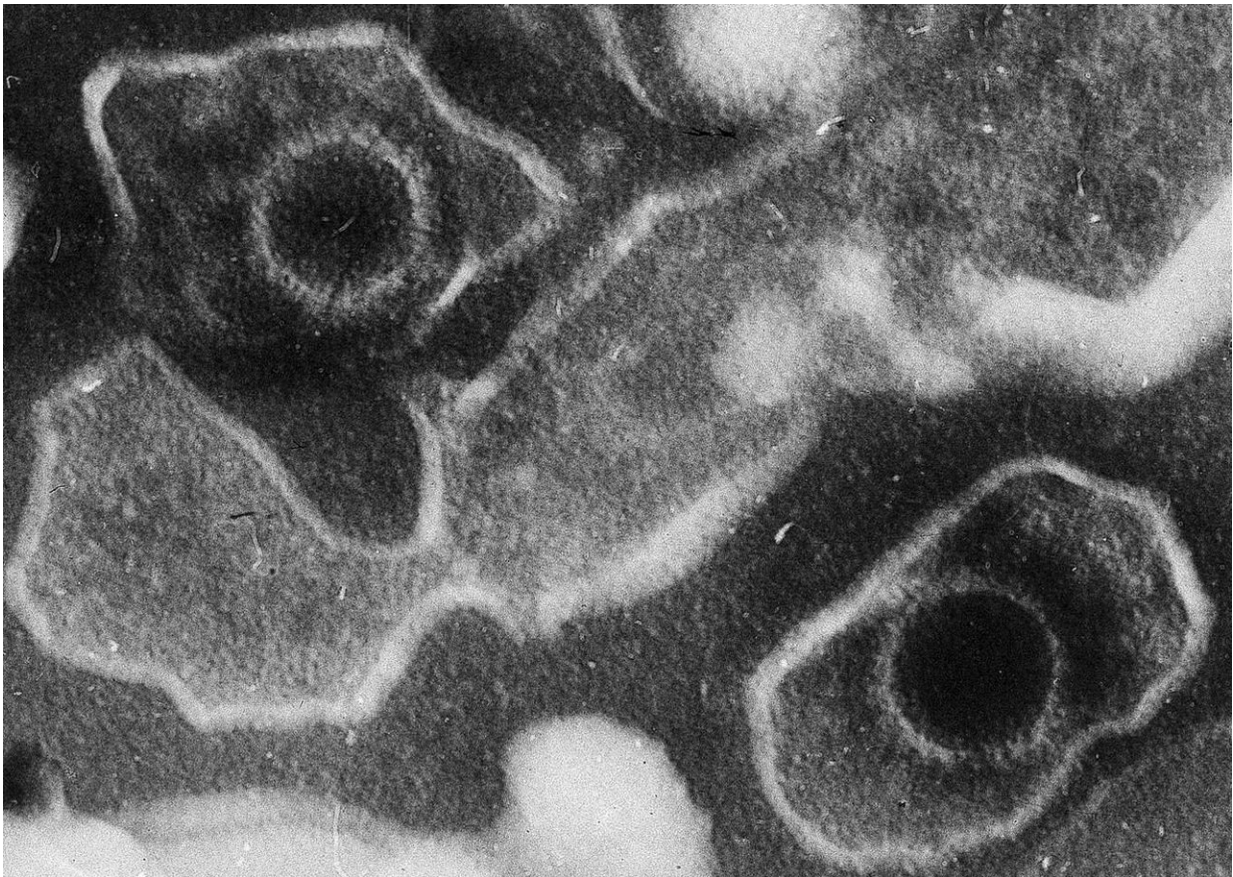


A novel therapeutic approach against Epstein-Barr-virus-associated tumors

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This electron microscopic image of two Epstein Barr Virus virions (viral particles) shows round capsids—protein-encased genetic material—loosely surrounded by the membrane envelope. Credit: DOI: [10.1371/journal.pbio.0030430.g001](https://doi.org/10.1371/journal.pbio.0030430.g001)

A research team at LKS Faculty of Medicine, The University of Hong Kong (HKUMed) reports that exosomes derived from V δ 2-T cells (V δ 2-T-Exos) can effectively control Epstein-Barr-virus-associated tumors and induce T-cell anti-tumor immunity. The novel findings of V δ 2-T-Exos provide insights into a new therapeutic approach for Epstein-Barr virus (EBV)-associated tumors. The groundbreaking findings have been published in the leading academic journal *Science Translational Medicine*.

EBV infects about 95% of the human population and causes more than 200,000 cases of cancer each year, and that around 2% of all cancer deaths are due to EBV-attributable malignancies. EBV-associated tumors include Burkitt lymphoma, Hodgkin's lymphoma, nasopharyngeal carcinoma, gastric tumors and post-transplant lymphoproliferative disease, etc.

Current treatment options for EBV-associated tumors are limited with considerably unwanted off-target toxicities and incomplete effectiveness for relapsed or refractory disease. V δ 2-T cells are innate-like T cells with anti-tumor potentials against EBV-associated tumors.

Unfortunately, its clinical translation is limited because V δ 2-T cells from some cancer patients are difficult to expand. Exosomes are endosome-originated small extracellular vesicles that mediate intercellular communication. Compared with cell-based therapy, cell-free exosomes have advantages with higher safety, easier storage, and lower costs. However, the anti-tumor activity of exosomes derived from V δ 2-T cells (V δ 2-T-Exos) remains unknown.

The team found that V δ 2-T-Exos contained death-inducing ligands (FasL and TRAIL) and immunostimulatory molecules (CD80, CD86, MHC class I and II). V δ 2-T-Exos targeted and efficiently killed EBV-associated tumor cells through FasL and TRAIL pathways and promoted EBV antigen-specific CD4 and CD8 T cell expansion. Administration of

V δ 2-T-Exos effectively controlled EBV-associated tumors in immunodeficient and humanized mice.

Because expanding V δ 2-T cells and preparing autologous V δ 2-T-Exos from [cancer patients](#) ex vivo at a large scale is challenging, the team further explored the anti-tumor activity of allogeneic V δ 2-T-Exos in humanized mouse cancer models. Interestingly, the team found that allogeneic V δ 2-T-Exos had more effective anti-tumor activity than autologous V δ 2-T-Exos in humanized mice; the allogeneic V δ 2-T-Exos increased the infiltration of T cells into tumor tissues and induced more robust CD4 and CD8 T cells-mediated anti-tumor immunity. Compared with exosomes derived from NK cells with direct cytotoxic anti-tumor activity or dendritic cells that induced T-cell anti-tumor responses, V δ 2-T-Exos have dual anti-tumor activities by directly killing tumor [cells](#) and indirectly inducing T cell-mediated anti-tumor responses, thus resulting in more effective control of EBV-associated tumors.

"Our study provides the first evidence about the anti-tumor activities of V δ 2-T-Exos against EBV-associated tumors. These exosomes could effectively control EBV-associated cancers in multiple mouse models. More importantly, allogeneic V δ 2-T-Exos had higher therapeutic efficacy than autologous V δ 2-T-Exos to control EBV-associated tumors. Therefore, the V δ 2-T-Exos prepared from healthy donors can be used to treat patients with EBV-associated tumors, which is highly beneficial to the clinical application of this novel approach," said Professor Tu Wenwei, Antony and Nina Chan professor in Pediatric Immunology, Department of Pediatrics and Adolescent Medicine, HKUMed, who led the research.

The findings of the study have significant implications in cancer immunotherapy. First, the fact that V δ 2-T-Exos has a potent immunostimulatory property suggests that it could be designed as a cancer vaccine by serving as immune adjuvant and delivering

immunogens. Secondly, the V δ 2-T-Exos has advantages over other exosome-based therapies (e.g., NK-Exos and DC-Exos) by displaying dual anti-tumor activities and is easier in preparation. Thirdly, the results that allogeneic V δ 2-T-Exos have higher anti-tumor efficacies than autologous V δ 2-T-Exos can greatly enhance the clinical feasibility of V δ 2-T-Exos, because the preparation of allogeneic exosomes does not require personalized procedures and is easier in [quality control](#), standardization and centralization for clinical application.

More information: Xiwei Wang et al. Exosomes derived from V δ 2-T cells control Epstein-Barr virus–associated tumors and induce T cell antitumor immunity, *Science Translational Medicine* (2020). [DOI: 10.1126/scitranslmed.aaz3426](https://doi.org/10.1126/scitranslmed.aaz3426)

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