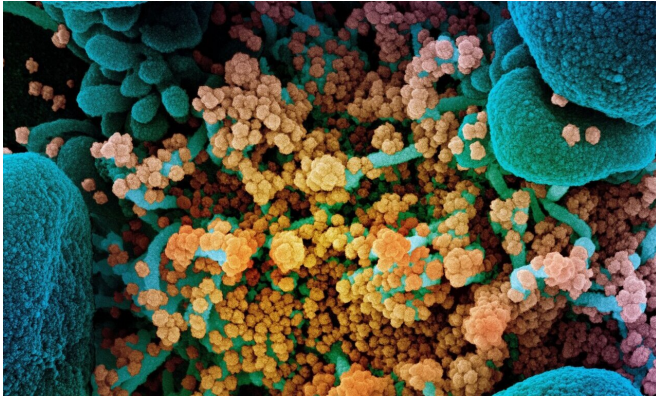


Protective antibodies persist for months in survivors of serious COVID-19 infections

8 October 2020



Colorized scanning electron micrograph of a dying cell (blue) heavily infected with SARS-CoV-2 (yellow), the virus that causes COVID-19. Credit: NIAID Integrated Research Facility, Fort Detrick, Maryland.

People who survive serious COVID-19 infections have long-lasting immune responses against the virus, according to a new study led by researchers at Massachusetts General Hospital (MGH). The study, published in *Science Immunology*, offers hope that people infected with the virus will develop lasting protection against reinfection. The study also demonstrates that measuring antibodies can be an accurate tool for tracking the spread of the virus in the community.

The immune system produces proteins called antibodies in response to SARS-CoV-2, the virus that causes COVID-19. "But there is a big knowledge gap in terms of how long these [antibody responses](#) last," says Richelle Charles, MD, an investigator in the Division of Infectious Diseases at MGH and a senior author of the paper. To find out, she and her colleagues obtained blood samples from 343 patients with COVID-19, most of whom had severe cases. The blood samples were taken up to four months after a patient's symptoms emerged. The blood's plasma was isolated and

applied to laboratory plates coated with the receptor-binding domain (RBD) of the virus's "spike" protein, which attaches to cells, leading to infection. The team studied how different types of antibodies in the plasma bound to RBD. The results were compared to [blood samples](#) obtained from more than 1,500 individuals prior to the pandemic.

The researchers found that measuring an antibody called immunoglobulin G (IgG) was highly accurate in identifying infected patients who had symptoms for at least 14 days. Since the standard PCR (nasal swab) test for SARS-CoV-2 loses sensitivity over time, augmenting it with a test for antibodies in patients who have had symptoms for at least eight days (at which time 50 percent are producing antibodies) will help identify some positive cases that might otherwise be missed, says Charles.

The researchers found that IgG levels remained elevated in these patients for four months, and were associated with the presence of protective neutralizing [antibodies](#), which also demonstrated little decrease in activity over time. "That means that people are very likely protected for that period of time," says Charles. "We showed that key antibody responses to COVID-19 do persist."

In another finding, Charles and her colleagues showed that people infected with SARS-CoV-2 had immunoglobulin A (IgA) and immunoglobulin M (IgM) responses that were relatively short-lived, declining to low levels within about two and a half months or less, on average. "We can say now that if a patient has IgA and IgM responses, they were likely infected with the virus within the last two months," says Charles.

Knowing the duration of the [immune response](#) by IgA and IgM will help scientists obtain more [accurate data](#) about the spread of SARS-CoV-2, explains Jason Harris, MD, a pediatric infectious disease specialist at MGH and co-senior author of the study. "There are a lot of infections in the

community that we do not pick up through PCR testing during acute infection, and this is especially true in areas where access to testing is limited," he says. "Knowing how long antibody responses last is essential before we can use antibody testing to track the spread of COVID-19 and identify 'hot spots' of the disease."

More information: Anita S. Iyer et al. Persistence and decay of human antibody responses to the receptor binding domain of SARS-CoV-2 spike protein in COVID-19 patients. *Science Immunology* 08 Oct 2020: Vol. 5, Issue 52, eabe0367 [DOI: 10.1126/sciimmunol.abe0367](https://doi.org/10.1126/sciimmunol.abe0367)

Provided by Massachusetts General Hospital

APA citation: Protective antibodies persist for months in survivors of serious COVID-19 infections (2020, October 8) retrieved 3 June 2022 from <https://medicalxpress.com/news/2020-10-antibodies-persist-months-survivors-covid-.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.