

# Will the new 15-minute COVID-19 test solve US testing problems?

2 September 2020, by Zoë McLaren



The Abbott BinaxNOW rapid antigen test claims to give results in 15 minutes. Credit: Abbott

On Aug. 26, the <u>Food and Drug Administration</u> granted an <u>Emergency Use Authorization</u> to a new rapid antigen test for COVID-19 called the <u>BinaxNOW test</u>.

I study public health policy to combat infectious disease epidemics. Testing is one of the most powerful tools available to fight the spread of COVID-19. The new test is inexpensive, rapid and easy to use. It will massively scale up access to testing, but hurdles remain in achieving widespread, frequent COVID-19 testing.

#### What type of test is BinaxNOW?

The credit-card-sized test is an <u>antigen test</u> that detects a <u>specific viral protein</u> from SARS-CoV-2. It <u>costs US\$5</u> and doesn't require a lab or a machine for processing.

Performing the test is simple. A health care worker or technician would use a swab to collect a sample

from less than 1 inch inside the nostril. They would then combine the sample with a few drops of chemicals inside the test card. Within 15 minutes, the test strip would show a positive or negative result. The test is also paired with an app that produces a digital code that can be scanned to show proof of a recent negative COVID-19 test.

### What does the Emergency Use Authorization allow for?

The BinaxNOW test is currently only authorized for patients who have had <u>COVID-19 symptoms for seven days or less</u>, which is when virus levels in the body are <u>likely to be high</u>. It must be <u>prescribed by a physician and performed by a trained technician</u> or other health care worker.

The PCR test for COVID-19 is currently widely used and considered the gold standard, but requires patient samples to be sent to a lab and can take days to provide results. The new antigen test is designed to be a <a href="cheap">cheap</a> and quick alternative to PCR testing for diagnostic purposes in a medical setting. It would add critical capacity to an overstretched testing system.

The emergency use authorization provides <u>preliminary authorization</u> for doctors to prescribe the antigen test while the full FDA approval process is ongoing. The authorization could be <u>revoked</u> if the test is not as accurate or reliable as expected.

#### How accurate is this test?

Abbott, the health technology company that produces the test, reports that when patients had symptoms the test was in agreement with PCR testing for 97.1% for COVID-19 positive cases and 98.5% for COVID-19 negative cases. This is high enough for diagnostic settings where accuracy is critical.

However, the true accuracy could be lower

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because the <u>performance testing group was only</u>

102 people and the accuracy hasn't been validated by the FDA as part of the full approval process.

There will inevitably be some <u>false negatives</u> and false positives with the BinaxNOW test since accuracy isn't 100%, but the <u>FDA will monitor the data</u> to make sure the test meets the reported accuracy.

Provided by The Conversation

## Can this test be used for widespread screening?

The BinaxNOW test is cheap, rapid, able to be mass-produced and easy to use outside a lab. This makes it a promising candidate for widespread screening. However, the test is currently only authorized for people with COVID-19 symptoms.

This is an obstacle because an estimated 40% of all COVID-19 cases are asymptomatic and these people likely don't know that they're contagious. To maximize the effectiveness of any COVID-19 screening program, it is important to test people whether they have symptoms or not.

Health care providers are able to prescribe the BinaxNOW test for asymptomatic patients for off-label use, but health officials don't yet know how accurate the test is when performed on asymptomatic people.

#### Is this test a game-changer?

The massive expansion of testing access made possible by the BinaxNOW test will almost surely outweigh the downsides of a small number of inaccurate results. Abbott plans to manufacture 50 million tests per month starting in October. This will quickly exceed the 76 million COVID-19 tests the U.S. has performed over the last six months.

Widespread, frequent testing is <u>effective at slowing</u> <u>the spread</u> of the <u>coronavirus</u>. The new testing capacity made possible by the authorization of this rapid antigen <u>test</u> represents a major advance in bringing the pandemic under control.

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