

# A man was reinfected with coronavirus after recovery, so what does this mean for immunity?

25 August 2020, by Megan Culler Freeman



Credit: Unsplash/CC0 Public Domain

A 33-year old man was found to have [a second SARS-CoV-2 infection](#) some four and a half months after he was diagnosed with his first, from which he recovered. The man, who showed no symptoms, was diagnosed when he returned to Hong Kong after a trip to Spain.

[I am a virologist](#) with expertise in coronaviruses and enteroviruses, and I've been curious about reinfections since the beginning of the pandemic. Because people infected with SARS-CoV-2 can often test positive for the virus for weeks to months, likely due to the sensitivity of the test and [leftover RNA fragments](#), the only way to really answer the question of reinfection is by sequencing the [viral genome](#) at the time of each infection and looking for differences in the genetic code.

There is no published peer-review report on this man—only a [press release](#) from the University of Hong Kong—although reports say the work will be

published in the journal [Clinical Infectious Diseases](#). Here I address some questions raised by the current news reports.

## Why wasn't the man immune to reinfection?

Immunity to endemic coronaviruses—those that cause symptoms of the common cold – [is relatively short-lived, with reinfections occurring](#) even within the same season. So it isn't completely surprising that reinfection with SARS-CoV-2, the virus that causes COVID-19, might be possible.

[Immunity is complex and involves multiple mechanisms](#) in the body. That includes the generation of antibodies—through what's known as the adaptive immune response—and through the actions of T-cells, which can help to educate the immune system and to specifically eliminate virus-infected cells. However, researchers around the world are still learning about immunity to this virus and so can't say for sure, based on this one case, whether reinfection will be a cause for broad concern.

## How different is the second strain that infected the Hong Kong man?

"Strain" has a particular definition when referring to viruses. Often a different "strain" is a virus that behaves differently in some way. The [coronavirus](#) that infected this man in Europe is likely not a new strain.

A [STAT News article](#) reports that the [genetic make up of the sequenced virus](#) from the patient's second infection had 24 nucleotides—building blocks of the virus's RNA genome—that differed from the [SARS-CoV-2 isolate](#) that infected him the first time.

SARS-CoV-2 has a genome that is made up of

about 30,000 nucleotides, so the virus from the man's second infection was roughly 0.08% different than the original in genome sequence. That shows that the virus that caused the second infection was new; not a recurrence of the first virus.

### **The man was asymptomatic—what does that mean?**

The man wasn't suffering any of the hallmark COVID-19 symptoms which might mean he had some degree of protective immunity to the second infection because he didn't seem sick. But this is difficult to prove.

I see three possible explanations. The first is that the immunity he gained from the first infection protected him and allowed for a mild second infection. Another possibility is that the infection was mild because he was presymptomatic, and went on to develop symptoms in the coming days. Finally, sometimes infections with SARS-CoV-2 are asymptomatic—at the moment it is difficult to determine whether this was due to the differences in the [virus](#) or in the host.

### **What can we say about reinfection based on this one case?**

Only that it seems to be possible after enough time has elapsed. We do not know how likely or often it is to occur.

### **Should people who have recovered from COVID-19 still wear a mask?**

As we are still learning about how humans develop immunity to SARS-CoV-2 after [infection](#), my recommendation is for continued masking, hand hygiene and distancing practices, even after recovery from COVID-19, to protect against the potential for [reinfection](#).

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

APA citation: A man was reinfected with coronavirus after recovery, so what does this mean for

immunity? (2020, August 25) retrieved 6 October 2022 from

<https://medicalxpress.com/news/2020-08-reinfected-coronavirus-recovery-immunity.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*