

Women significantly more likely to be prescribed opioids, study shows

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Women are significantly more likely to receive prescriptions of opioid analysesics. Read the study, which was performed in a nationally representative sample of adults in the U.S., in *Journal of Women's Health*.

Researchers from University of California Davis School of Medicine identified three main factors driving this discrepancy. These included lower, more adverse socio-economic status among women and more adverse health status-related factors. Another factor was higher rates of overall healthcare utilization.

"Our analysis found no evidence that the treatment of pain was driving women's higher rates of prescription opioids," said Alicia Agnoli, MD and coauthors.

"Future research and <u>prevention efforts</u> should target these factors to help combat the growing opioid epidemic," says *Journal of Women's Health* Editor-in-Chief Susan G. Kornstein, MD, Executive Director of the Virginia Commonwealth University Institute for Women's Health, Richmond, VA.

More information: Alicia Agnoli et al, Prescription Opioids and Patient Sex: A National Cross-Sectional Study, *Journal of Women's Health* (2020). DOI: 10.1089/jwh.2019.8234

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