

Diabetes medication prescribing increased 2003 to 2016

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(HealthDay)—Pharmacologic treatment for type 2 diabetes increased

from 2003 to 2016, according to a study published online March 31 in *Diabetes Care*.

Phuc Le, Ph.D., from the Cleveland Clinic in Ohio, and colleagues used data from the 2003 to 2016 National Health and Nutrition Examination Survey to identify 6,323 adults who had ever been told they had [diabetes](#), had a hemoglobin A1c (HbA1c) >6.4 percent, or had a fasting plasma glucose >125 mg/dL. Trends in diabetes medication use were assessed.

The researchers found that the proportion taking any medication increased from 58 percent in 2003 to 2004 to 67 percent in 2015 to 2016 (P older age, weight, or presence of cardiovascular disease following the 2012 American Diabetes Association (ADA) recommendation. Hypoglycemia-inducing medications were less likely to be received by patients with low HbA1c (

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