

Is it safe to open mail and packages during the pandemic?

16 April 2020, by The Associated Press

© 2020 The Associated Press. All rights reserved.
This material may not be published, broadcast, rewritten or redistributed without permission.



Credit: CC0 Public Domain

Is it safe to open mail and packages during the pandemic?

There is no evidence that COVID-19 is spreading through mail or parcels, according to the World Health Organization and U.S. Centers for Disease Control and Prevention.

Most of it is spread from droplets produced when an infected person coughs or sneezes, which are inhaled by people nearby.

Health experts say the risks are very low that COVID-19 will remain on envelopes or packages and infect anyone who handles them.

It's still a good idea to wash your hands thoroughly and regularly—and avoid touching your face—after handling deliveries.

Like many businesses, the U.S. Postal Service has limited visitors to its facilities and asks that anyone who comes to the [post office](#) to stand at least 6 feet away from another person.

APA citation: Is it safe to open mail and packages during the pandemic? (2020, April 16) retrieved 9 June 2021 from <https://medicalxpress.com/news/2020-04-safe-mail-packages-pandemic.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.