

Video: Advice on advance care planning during the COVID-19 crisis

14 April 2020



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Advance care planning is especially crucial during a crisis such as the COVID-19 pandemic. Regenstrief Institute and Indiana University researchers Susan Hickman, Ph.D., and Kathleen Unroe, M.D., MHA, created a video to help guide nursing facility staff in these conversations.

Nursing <u>home residents</u> are at a high risk of contracting COVID-19 and suffering serious symptoms that require extensive care. In the <u>video</u>, Dr. Hickman and Dr. Unroe explain that discussing patients' preferences for care in advance is important to help make sure their wishes are known should urgent decisions need to be made. These discussions should be guided by a framework that considers overall goals for care in order to make specific decisions for treatments.

Dr. Hickman and Dr. Unroe go on to offer advice to staff on how to broach this difficult topic with their patients and how to describe goals of care.

Provided by Regenstrief Institute APA citation: Video: Advice on advance care planning during the COVID-19 crisis (2020, April 14)



retrieved 21 April 2021 from <u>https://medicalxpress.com/news/2020-04-video-advice-advance-covid-crisis.html</u>

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