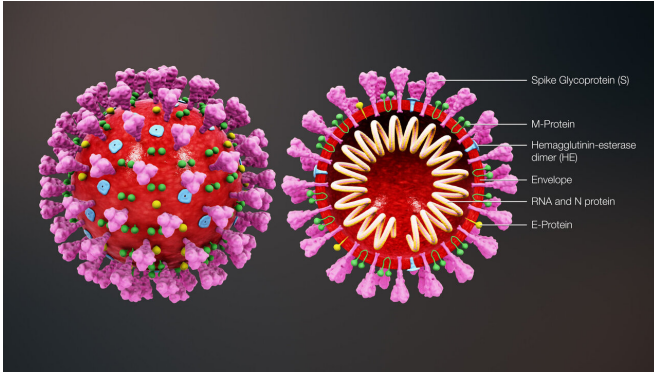


# Will warmer weather stop the spread of coronavirus?

12 March 2020, by Jeremy Rossman



Cross-sectional model of a coronavirus. Credit: [scientificanimations.com/Wikimedia Commons](https://www.scientificanimations.com/Wikimedia Commons), CC BY-SA

As the coronavirus death toll [continues to rise](#), some have suggested that the approaching warmer spring weather in the northern hemisphere may slow or even stop the spread of the disease. US president Donald Trump echoed this, [saying](#): "The heat, generally speaking, kills this kind of virus." But is he right?

The idea that the approaching [spring](#) may stem the spread of the disease comes largely from a comparison with the flu. In many ways COVID-19 is like the flu—both spread in similar ways (respiratory secretions and contaminated surfaces) and both cause typically mild respiratory diseases that can develop into life-threatening pneumonia. But the transmissibility and severity of COVID-19 are much greater than the flu. And it isn't clear if COVID-19 transmission will be affected by seasonal temperature variation.

For the flu, the start of spring causes a significant drop in the number of cases that persists until the return of colder temperatures in autumn. This seasonality of the flu is thought to be caused by the sensitivity of the [virus](#) to different climates and

by seasonal changes in the human immune system and in our patterns of behavior.

First, the flu virus appears to [survive better](#) in cold, dry weather with reduced ultraviolet light. Second, for many of us, the shorter winter days lead to reduced levels of [vitamin D](#) and [melatonin](#), which can affect the performance of our immune system. Third, in the [winter](#) we spend more time with other people, indoors and in closer proximity, increasing opportunities for the virus to spread.

## Comparing other coronavirus outbreaks

How then would these factors affect coronavirus transmission? It is not clear what effect temperature and humidity have on the coronavirus itself, nor on its transmission. Some [other coronaviruses](#) are seasonal, causing common colds in the winter months.

The [2002-2003 Sars epidemic](#) also began in the [northern hemisphere](#) winter and ended in July 2003 with a small resurgence in cases in the following winter. But Sars cases peaked in the warmer month of May, and the end of the epidemic in July may simply reflect the time required for virus containment, rather than an effect of the summer weather on virus transmission. Also, the related [Mers coronavirus](#) is primarily transmitted in hot countries.

Returning to the comparison with the flu, the [2009-2010 influenza virus pandemic](#) began in the spring, increased in strength over the spring and summer and peaked the following winter. This suggests that in a pandemic, the high number of cases in many countries around the world could enable continued transmission of the virus throughout the summer, overcoming any seasonal variability that would be seen in smaller epidemics. While the WHO has not yet declared a COVID-19 pandemic, [many experts believe](#) we are rapidly approaching the pandemic stage.

So the approaching warmer weather may reduce viral transmission in the northern hemisphere (while potentially increasing [transmission](#) in the coming southern hemisphere [winter](#)), but it is highly unlikely that the [weather](#) itself will end this growing epidemic.

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

APA citation: Will warmer weather stop the spread of coronavirus? (2020, March 12) retrieved 1 September 2022 from <https://medicalxpress.com/news/2020-03-warmer-weather-coronavirus.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*