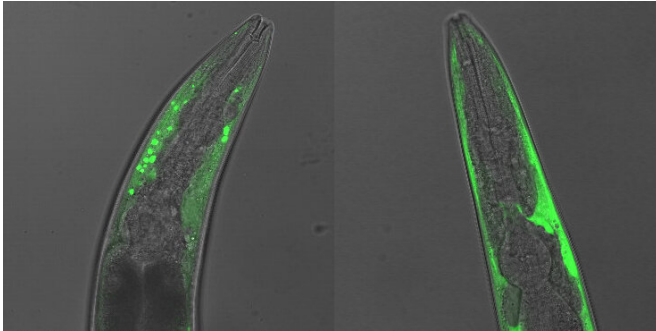


# Scientists identify new target for Parkinson's therapies

9 March 2020



Left: the images shows the head region of *C. elegans* worms with potentially harmful aggregations of alpha-synuclein (tagged with green fluorescence). Right: the image shows worms expressing green alpha-synuclein in which the master control region has been removed, which display a non-harmful, even distribution of the protein. Credit: University of Leeds

A master control region of a protein linked to Parkinson's disease has been identified for the first time.

The finding, made by scientists from the University of Leeds' Astbury Centre for Structural Molecular Biology, provides a new target for the development of therapies to try and slow down or even prevent the disease.

Parkinson's affects more than 10 million people across the world, causing neurodegeneration and difficulties with movement, which increase over time. There is currently no cure for the disease.

The study focused on a protein called alpha-synuclein, which is linked to the onset and progression of Parkinson's disease.

Alpha-synuclein is found in [healthy cells](#) in the [nervous system](#), but problems arise when it clumps together, or aggregates, into plaques known as

amyloid that can disrupt normal function.

A short [region](#) of the alpha-synuclein protein, known as NAC, was assumed to be key to Parkinson's disease, as it is particularly [aggregation](#)-prone.

In this study, researchers Dr. Ciaran Doherty and Ph.D. researcher Sabine Ulamec from the Astbury Centre at Leeds, found that two regions outside of NAC play a critical role in controlling amyloid formation of alpha-synuclein.

Removing these regions switched off aggregation in a laboratory setting, even though NAC was still present.

To investigate the importance of these 'master controller' regions in protein aggregation in living cells, the team joined forces with Dr. Patricija van Oosten Hawle and her students, also members of the Astbury Centre in Leeds.

They inserted alpha-synuclein and a variant of the protein lacking the master controller regions in to the muscle cells of nematode worms and monitored aggregation of the proteins and their effects on the mobility of the worms—a commonly used model organism in research into neurodegenerative disorders.

When the control regions were deleted in the worms, alpha-synuclein no longer formed aggregates, and the worms were healthier and more mobile, even in old age, compared to worms expressing the normal alpha-synuclein protein.

Their findings are published today in *Nature Structural and Molecular Biology*.

Investigator Professor Sheena Radford, FMedSci FRS, Director of the Astbury Centre for Structural Molecular Biology at the University of Leeds, said: "In trying to tackle diseases like Parkinson's, the

first problem is identifying the key areas to target with small-molecules or protein-based medicines, as these proteins do not have a fixed structure, ruling out traditional methods of structure-based drug design.

"Finding a previously over-looked target to focus future efforts on is very exciting.



The powerful 950 MHz nuclear magnetic resonance machine that allowed researchers to make their discovery. Credit: University of Leeds

"Our discovery of master controller regions may open up new opportunities to understand how mutating the protein sequence that causes disease could help us find the Achilles heel for these proteins to target for future therapeutic intervention."

The research was funded by the Biotechnology and Biological Sciences Research Council, European Research Council, Wellcome Trust and NC3Rs.

### Function vs malfunction

Whilst alpha-synuclein is linked to Parkinson's disease, it is also thought to be involved in signalling across nerves in the brain. This involves the release of neurotransmitters which occurs when small carrier structures called vesicles, containing vital signalling molecules, fuse with cellular membranes to release their cargo. This is important

for signalling in the nervous system.

To investigate whether the master controller regions identified in alpha-synuclein are also important for its function, the researchers looked at whether the modified protein could still fuse vesicles together.

They found that while removing the master control region prevented aggregation, it also prevented vesicle fusion. This suggests a tug-of-war between the function and harm—aggregation—of the master controller region.

Fine tuning of this balance may enable therapeutic opportunity to reduce aggregation whilst maintaining function, and it is the need to rebalance these two opposing roles of the master controller region that will be the next challenge.

The co-investigator of the study, Dr. David Brockwell, said: "Our hope is that future research might target this master controller, to allow the development of a therapy which could tweak the conformation or stickiness of alpha-synuclein in the brain with only minimal changes to its function."

"We hope that such a strategy might be able to help people with early signs of Parkinson's, by reducing the formation of amyloid plaques in the brain, and to delay the progression of the [disease](#)."

### Understanding life in molecular detail

To study how the master controller region affects aggregation, the team of researchers used a powerful technology called nuclear magnetic resonance (NMR) spectroscopy.

Following more than £5 million investment in 2016, the University's Astbury Centre for Structural Molecular Biology was able to purchase and install a powerful 950MHz NMR instrument, one of the most powerful in the country. This NMR machine allows researchers to advance our knowledge of how changes in protein structure can trigger diseases like Parkinson's.

Ms Ulamec said: "Our state-of-the-art NMR machines allowed us to map the interactions made

between the master controller region and the rest of the protein. This has revealed a surprising complexity in a [protein](#) commonly thought to be without a fixed structure.

"Using NMR we have managed to build a detailed picture of this master controller region, which exerts its effect over NAC by forming key interactions that drive aggregation.

"Future research can also look at whether other proteins involved in different diseases also have master controller regions of aggregation, which could open up new avenues for therapeutic development in several neurodegenerative diseases which involve the aggregation of disordered proteins like [alpha-synuclein](#)."

The paper, titled 'A short motif 1 in the N-terminal region of  $\alpha$ -synuclein is critical for both aggregation and function', is published today in the journal *Nature Structural and Molecular Biology*.

**More information:** A short motif in the N-terminal region of  $\alpha$ -synuclein is critical for both aggregation and function, *Nature Structural and Molecular Biology* (2020). DOI: [10.1038/s41594-020-0384-x](https://doi.org/10.1038/s41594-020-0384-x) , [nature.com/articles/s41594-020-0384-x](https://www.nature.com/articles/s41594-020-0384-x)

Provided by University of Leeds

APA citation: Scientists identify new target for Parkinson's therapies (2020, March 9) retrieved 5 May 2021 from <https://medicalxpress.com/news/2020-03-scientists-parkinson-therapies.html>

*This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.*