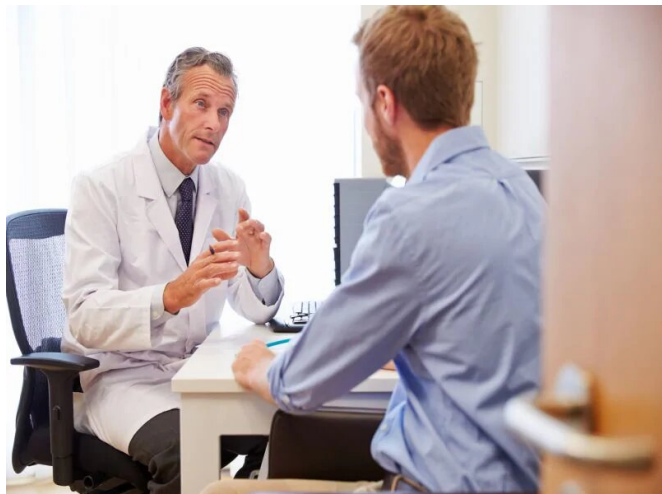


One-cycle cisplatin seems safe for high-risk early testicular cancer

6 January 2020



chemotherapy, and at five years, three remained [recurrence](#)-free. The rate of two-year MR was 1.3 percent (95 percent confidence interval, 0.3 to 3.7 percent). Nonmalignant recurrences developed in three patients who had localized differentiated teratoma; after surgery, they were rendered disease-free. In 6.8 percent of patients, grade 3 to 4 febrile neutropenia occurred.

"Our study has found strong evidence to suggest that testicular cancer chemotherapy can be safely reduced from two cycles to just one—making their treatment shorter, kinder, and cheaper," a coauthor said in a statement.

Two authors disclosed financial ties to the pharmaceutical industry.

More information: [Abstract/Full Text](#)

(HealthDay)—For high-risk stage 1 nonseminoma germ cell tumors of the testis (NSGCTT), one cycle of adjuvant bleomycin, etoposide (500 mg/m²), and cisplatin (BE₅₀₀P) is safe, resulting in a two-year malignant recurrence (MR) rate of 1.3 percent, similar to that reported for two cycles of BE₃₆₀P, according to a study published online Jan. 1 in *European Urology*.

Copyright © 2020 [HealthDay](#). All rights reserved.

Michael Cullen, M.D., from the University Hospitals Birmingham NHS Foundation Trust in the United Kingdom, and colleagues compared recurrence rates for one [cycle](#) of BE₅₀₀P to recurrence rates for two cycles of BE₃₆₀P among 246 [patients](#) with vascular invasion-positive stage 1 NSGCTT or combined seminoma + NSGCTT registered in a single-arm prospective study.

Patients were followed for a median of 49 months. Ten patients with increasing tumor markers were excluded at baseline. The researchers found that four patients had MR at six, seven, 13, and 27 months; all were treated with secondary

APA citation: One-cycle cisplatin seems safe for high-risk early testicular cancer (2020, January 6)
retrieved 14 June 2022 from <https://medicalxpress.com/news/2020-01-one-cycle-cisplatin-safe-high-risk-early.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.