

# Mesothelin-targeted CAR T-cell therapy shows early promise in patients with solid tumors

March 31 2019

---

A chimeric antigen receptor (CAR) T-cell therapy that targets the protein mesothelin showed no evidence of major toxicity and had antitumor activity in patients with malignant pleural disease from mesothelioma, according to results from a phase I clinical trial presented at the AACR Annual Meeting 2019, March 29-April 3.

"Patients with advanced-stage solid tumors, such as mesothelioma, and lung and breast cancers, that are metastatic to the [chest cavity](#) have poor outcomes despite treatment," said Prasad S. Adusumilli, MD, deputy chief of thoracic surgery at Memorial Sloan Kettering Cancer Center (MSK). "Treatment with CAR T cells results in dramatic successes in blood cancers; however, results have been disappointing to date for solid tumors."

Adusumilli, senior author of the study Michel Sadelain, MD, Ph.D., and colleagues engineered the mesothelin-targeted CAR T cells called IcasM28z using completely human components, which includes the Icaspase-9 safety "suicide" switch that can be activated to kill all CAR T cells in a patient's body in case of an unexpected toxicity.

"The novelty of our study is that the CAR T cells target the cancer cell-surface protein, mesothelin, which is expressed on the majority of cancer cells, and they are delivered directly to the tumor site using regional delivery techniques," Adusumilli said. "If this approach is

successful, 2 million [patients](#) with mesothelin-expressing [solid tumors](#) per year in the United States will be eligible for this treatment."

The investigators recruited 21 patients with malignant pleural disease (19 with malignant pleural mesothelioma, one with metastatic lung [cancer](#), and one with metastatic [breast cancer](#)); 40 percent of them had received three or more lines of prior therapy. After cyclophosphamide preconditioning, IcasM28z CAR T cells were injected directly into the pleural cavity using an interventional radiology procedure.

The investigators evaluated multiple clinical, radiological, and laboratory parameters in the patients who received the CAR T cells and found no evidence of toxicity at the doses tested. CAR T cells were found to be persistent in the peripheral blood of 13 patients during the 38-week evaluation, and their presence was associated with more than 50 percent decrease in the levels of a mesothelin-related peptide in the blood and evidence of tumor regression on imaging studies.

One patient with mesothelioma underwent curative-intent surgery followed by radiation therapy to the chest. "Twenty months from diagnosis, the patient is doing well, with no further treatment," Adusumilli noted.

Fourteen patients went on to receive anti-PD1 checkpoint blockade agents. In preclinical studies, the researchers found that in large tumors, the CAR T cells became functionally exhausted even while residing in the tumor. Treatment with anti-PD-1 agents could reactivate the exhausted CAR T cells and eradicate the tumors in a proportion of mice. "On the basis of these published observations, in some patients who received CAR T [cells](#), we administered anti-PD-1 agents off-protocol as next line of therapy," Adusumilli said.

After up to 21 cycles of treatment with an anti-PD1 agent, two patients

had complete metabolic response on PET scans at 60 and 32 weeks, respectively, and these responses are ongoing at the time of this reporting; five patients had partial response; and four had stable disease.

"Combining rationally developed strategies—such as interventional radiology, T-cell genetic engineering, and newer immunotherapy agents—has produced encouraging results and provides rationale to further investigate this approach in aggressive, therapy-resistant cancers such as mesothelioma, for which the currently available treatment options are not optimal," Adusumilli noted.

A limitation to the study is that this is a phase I trial, and the long-term efficacy of this approach has not yet been established, Adusumilli noted.

Provided by American Association for Cancer Research

Citation: Mesothelin-targeted CAR T-cell therapy shows early promise in patients with solid tumors (2019, March 31) retrieved 6 January 2023 from <https://medicalxpress.com/news/2019-03-mesothelin-targeted-car-t-cell-therapy-early.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--