

Higher cardiovascular risk seen with psoriatic arthritis

30 November 2018



"Cardiovascular risk should be carefully evaluated in [patients](#) with [psoriatic arthritis](#) whose disease presents a high inflammatory burden and in those with late-onset psoriasis," the authors write.

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(HealthDay)—Cardiovascular risk should be carefully evaluated in patients with psoriatic arthritis, according to a study published online Nov. 5 in the *International Journal of Rheumatic Diseases*.

Rubén Queiro, M.D., Ph.D., from Hospital Universitario Central de Asturias in Oviedo, Spain, and colleagues assessed the prevalence of [cardiovascular risk](#) factors among 340 consecutive patients with psoriatic [arthritis](#) seen in a tertiary care hospital versus the prevalence among 600 outpatients without inflammatory conditions.

The researchers found higher frequencies of hypertension (odds ratio [OR], 2.4; 95 percent confidence interval [CI], 1.6 to 2.7; P ischemic heart disease, cerebrovascular disease events, and ischemic peripheral vascular disease. Independent cardiovascular disease-associated factors included onset of psoriasis at age >40 years (OR, 3.4; 95 percent CI, 1.1 to 10.0; P

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