

Consuming caffeine from coffee reduces incident rosacea

22 October 2018



as a preventive strategy for [rosacea](#)," the authors write. "Further studies are required to explain the underlying mechanisms of observed associations."

Several authors disclosed financial ties to the pharmaceutical industry.

More information: [Abstract/Full Text Editorial \(subscription or payment may be required\)](#)

Copyright © 2018 [HealthDay](#). All rights reserved.

(HealthDay)—Caffeine intake from coffee is inversely associated with the risk for incident rosacea, according to a study published online Oct. 17 in *JAMA Dermatology*.

Suyun Li, Ph.D., from the Qingdao University in China, and colleagues conducted a cohort study involving 82,737 women in the Nurses' Health Study II to examine the correlation between the risk for incident rosacea and [caffeine](#) intake.

The researchers identified 4,945 incident cases of rosacea during 1,120,051 person-years of follow-up. Increased caffeine intake was inversely associated with the risk for rosacea after adjustment for other risk factors (hazard ratio for the highest versus the lowest quintile of caffeine intake, 0.76; 95 percent confidence interval, 0.69 to 0.84; P trend). There was no correlation between increased caffeine intake from foods other than [coffee](#) and decreased risk for rosacea.

"Our findings do not support limiting [caffeine intake](#)

APA citation: Consuming caffeine from coffee reduces incident rosacea (2018, October 22) retrieved 16 August 2022 from

<https://medicalxpress.com/news/2018-10-consuming-caffeine-coffee-incident-rosacea.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.