

# Treatment tied to survival benefit in complex bladder cancer

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"These data provide a foundation for future work aimed at personalizing the [treatment](#) guidance of older patients with [cancer](#) with MCC," the authors write.

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(HealthDay)—Cancer treatment is associated with a clinically meaningful survival benefit in older, medically complex patients with superficial bladder cancer (SBC), according to a study published online Oct. 5 in *Cancer*.

Tullika Garg, M.D., M.P.H., from Geisinger in Danville, Pa., and colleagues evaluated the association between treatment of SBC and 10-year mortality in 1,800 medically complex patients aged ≥60 years.

Overall, 1,485 patients (82.5 percent) received treatment and 315 patients (17.5 percent) underwent observation. The researchers found that treatment was associated with a 30 percent reduction in death, while having multiple complex conditions (MCC) was associated with a 72 percent increase in death in unweighted multivariable analysis. There was also a [survival benefit](#) for treatment in weighted analysis with adjustment (adjusted hazard ratio, 0.66).

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