

Arthritis and depression often occur together in older adults

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Arthritis is common in individuals with varying degrees of depression, according to a new *International Journal of Geriatric Psychiatry* study.

In the analysis of National Health and Nutrition Examination Survey 2011-2014 data on US adults aged 50 years and older, the prevalence of arthritis was 55.0%, 62.9%, and 67.8% in participants with minor, moderate, and severe depression, respectively.

The findings highlight the importance of screening for and treating arthritis-related pain in older adults with depressive symptoms. In addition, understanding that [depressive symptoms](#) and arthritis may be interlinked in older adults is critical to ensure availability and access to appropriate care

More information: *International Journal of Geriatric Psychiatry*, [DOI: 10.1002/gps.4971](https://doi.org/10.1002/gps.4971)

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