

Cannabinoid in breast milk up to six days after marijuana use

28 August 2018



concentrations were the number of daily uses and time from <u>sample collection</u> to analysis (0.51 and 0.08, respectively), after adjustment for time since last use.

"?9-THC was measurable in a majority of breast milk samples up to approximately six days after maternal marijuana use," the authors write.

More information: <u>Abstract/Full Text</u> Editorial

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(HealthDay)—Most breast milk samples have measurable ?-9-tetrahydrocannabinol (?9-THC) up to about six days after maternal use, according to a study published online Aug. 27 in *Pediatrics*.

Kerri A. Bertrand, M.P.H., from the University of California in San Diego, and colleagues quantified cannabinoids in <u>human milk</u> after maternal marijuana use. Fifty breastfeeding women who reported marijuana use provided 54 breast <u>milk</u> samples between 2014 and 2017.

The researchers found that up to about six days after last reported use, ?9-THC was detectable in 63 percent of the 54 samples; the median concentration was 9.47 ng/mL. Detectable levels of 11-hydroxy-?-9-tetrahydrocannabinol or cannabidiol were seen in five samples. No measurable ?9-THC was seen in the sample with the highest <u>concentration</u> of cannabidiol. A significant predictor of log ?9-THC concentrations was the number of hours since last use (?0.03). Other significant predictors of log ?9-THC



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