

## Abuse and neglect during childbirth common among Jordanian women

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Credit: Yale University

A new study exploring Jordanian women's exposure to neglect and verbal abuse found that 32 percent reported neglect during their childbirth, and 37 percent were victims of verbal abuse. The study is the first to report the prevalence of neglect and verbal abuse among child birthing women in Jordan.

"Women's relationship with health care providers during childbirth significantly impacts her physical, psychological, and emotional health," said Kaveh Khoshnood, Ph.D., associate professor at the Yale School of Public Health and a co-author on the study.

The research team interviewed 390 women for the study. The findings are published in the journal *Midwifery*.

Neglect was significantly associated with women not receiving information regarding their rights and responsibilities, and verbal abuse was significantly associated with their health care providers. According to the World Health Organization, many women experience disrespectful and abusive treatment during childbirth in facilities worldwide.

Such treatment not only violates the rights of women to respectful care, but can also threaten their rights to life, health, bodily integrity and freedom from discrimination. The WHO is calling for greater action, dialogue, research and advocacy on this important public health and human rights issue.

Reports of disrespectful and abusive treatment during childbirth in facilities have included outright physical abuse, profound humiliation and verbal abuse, coercive or unconsented medical procedures (including sterilization), lack of confidentiality, failure to get fully informed consent, refusal to give pain medication, gross violations of privacy, refusal of admission to health facilities, neglecting women during childbirth to suffer lifethreatening, avoidable complications, and detention of women and their newborns in facilities after childbirth due to an inability to pay.

"Practices of mistreatment to women during childbirth have direct adverse consequences for the mother and infant, violate the trust between women and their <a href="health-care providers">health-care providers</a> and discourage women to seek and use maternal health care services," said Khoshnood.

More research is needed to identify the consequences of exposure to neglect and <u>verbal</u> <u>abuse</u> during childbirth on <u>women</u>'s psychological, emotional, and physical well-being.

**More information:** Fatima Alzyoud et al. Exposure to Verbal Abuse and Neglect during Childbirth among Jordanian Women, *Midwifery* (2017). DOI: 10.1016/j.midw.2017.12.008

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