

## CRP levels potentially useful in chronic spontaneous urticaria

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(HealthDay)—C-reactive protein (CRP) levels are frequently elevated in

patients with chronic spontaneous urticaria (CSU), and these elevations are relevant and potentially useful in management of the condition, according to a study published online Nov. 12 in *Allergy*.

Pavel Kolkhir, M.D., Ph.D., from Charité - Universitätsmedizin Berlin, and colleagues retrospectively analyzed data from 1,253 CSU patients from two centers to determine the prevalence of elevated levels of CRP. Serum CRP was measured using the nephelometric method.

The researchers found that one-third of patients exhibiting CSU had elevated levels of CRP. Factors associated with higher levels of CRP included autologous serum skin test positivity (P = 0.009) and [arterial hypertension](#) (P = 0.005). CRP correlated with urticaria activity (P

"The assessment of CRP levels may help to optimize the management of patients with CSU," the authors write.

**More information:** [Abstract](#)  
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