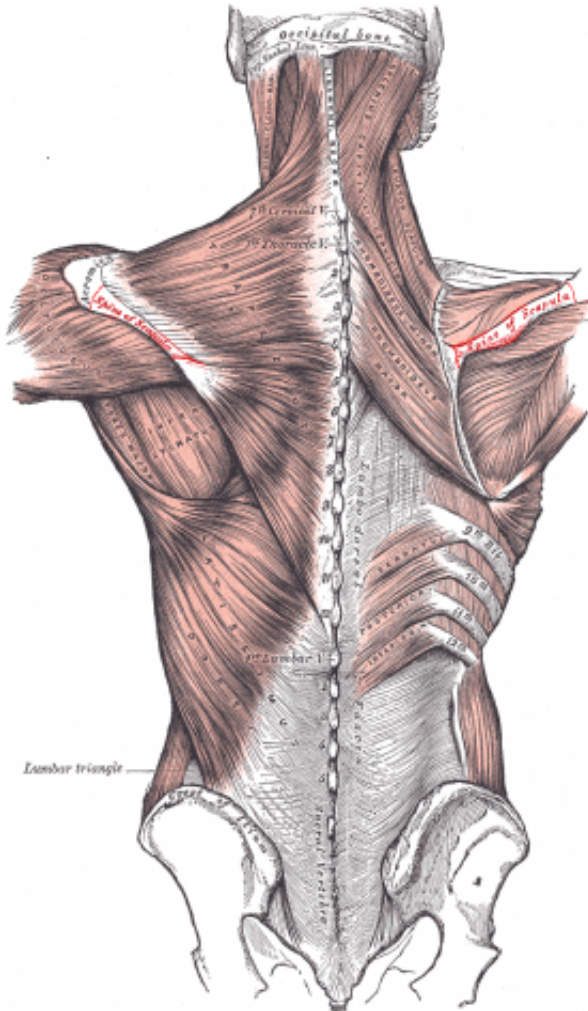


Undiagnosed spine fractures often cause pain in older men

7 September 2017



reported in older women and point to the need for more effective strategies to detect and prevent [vertebral fractures](#).

"Preventing these fractures may reduce back pain and related disability in [older men](#)," wrote the authors.

More information: *Journal of Bone and Mineral Research* (2017). [DOI: 10.1002/jbmr.3215](https://doi.org/10.1002/jbmr.3215)

Provided by Wiley

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Fewer than a quarter of new vertebral fractures are clinically diagnosed, yet they often cause symptoms. In a study of older men in the general population now published in the *Journal of Bone and Mineral Research*, clinically undiagnosed vertebral fractures that were evident on x-rays were associated with higher likelihood of back pain and limited physical activity.

The findings build on similar results previously

APA citation: Undiagnosed spine fractures often cause pain in older men (2017, September 7) retrieved 11 October 2022 from

<https://medicalxpress.com/news/2017-09-undiagnosed-spine-fractures-pain-older.html>

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