

Vitamin D doesn't impact insulin sensitivity, secretion in T2DM

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(HealthDay)—For patients with type 2 diabetes (T2D) and vitamin D deficiency, vitamin D supplementation has no impact on insulin sensitivity or secretion, according to a study published online May 3 in *Diabetes Care*.

Hanne L. Gulseth, M.D., Ph.D., from Oslo University Hospital in Norway, and colleagues examined the impact of vitamin D supplementation on insulin sensitivity and <u>insulin secretion</u> in 62 adults with T2D and vitamin D deficiency. Participants received a single dose of 400,000 IU oral vitamin D₃ or placebo; if serum 25-hydroxyvitamin D (25[OH]D) was

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1 / 1