

Questionnaire-based approach valid for identifying frailty

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(HealthDay)—A questionnaire-based approach seems to be valid for identifying adults in the intensive care unit with a frailty phenotype, according to a study published online March 30 in the *Annals of the American Thoracic Society*.

Aluko A. Hope, M.D., from the Albert Einstein College of Medicine in Bronx, N.Y., and colleagues conducted an observational cohort study involving 95 adults admitted to a medical or surgical [intensive care unit](#). Patients or surrogates were asked about demographics, frailty markers, and pre-hospital disability status. The Clinical Frailty Scale (CFS) was completed by physicians.

The researchers found that patients with frailty markers were older (P

"Asking patients or surrogates about frailty markers may be a valid approach to identifying critically ill adults with a [frailty](#) phenotype associated with increased risk of adverse outcomes," the authors write.

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