

Increased incidence of bleeding near the brain linked to increased use of anti-clotting drugs

28 February 2017

An increased incidence in Denmark of subdural hematoma (a bleed located within the skull, but outside the brain) from 2000 to 2015 appears to be associated with the increased use of antithrombotic drugs, such as low-dose aspirin, vitamin K antagonists (e.g., warfarin), clopidogrel, and oral anticoagulants, according to a study appearing in the February 28 issue of *JAMA*.

David Gaist, M.D., Ph.D., of Odense University Hospital and the University of Southern Denmark, Odense, Denmark and colleagues conducted a study that included 10,010 patients, ages 20 to 89 years, with a first-ever [subdural hematoma](#) diagnosis from 2000 to 2015 who were matched to 400,380 individuals from the general population (controls). Subdural hematoma incidence and antithrombotic [drug](#) use was identified using population-based regional data and national data from Denmark.

Among the patients with subdural hematoma (average age, 69 years), 47 percent were taking antithrombotic medications. The researchers found that low-dose [aspirin](#) was associated with a small risk, use of clopidogrel and a direct oral anticoagulant with a moderate risk, and use of a vitamin K antagonist (VKA) with a higher risk of subdural hematoma. With the exception of low-dose aspirin combined with dipyridamole (an antiplatelet drug), which was associated with a risk similar to use of low-dose aspirin alone, concurrent use of more than one antithrombotic drug was related to substantially higher subdural hematoma risk, which was particularly marked for combined treatment of a VKA with an antiplatelet drug, e.g., low-dose aspirin or clopidogrel.

The prevalence of antithrombotic drug use increased in the [general population](#) from 2000 to 2015, as did the overall subdural hematoma

incidence rate. The largest increase in incidence of subdural hematoma was among patients older than 75 years.

"The present data add 1 more piece of evidence to the complex risk-benefit equation of antithrombotic drug use. It is known that these drugs result in net benefits overall in [patients](#) with clear therapeutic indications," the authors write.

More information: *JAMA*, [DOI: 10.1001/jama.2017.0639](#)

Provided by The JAMA Network Journals

APA citation: Increased incidence of bleeding near the brain linked to increased use of anti-clotting drugs (2017, February 28) retrieved 5 October 2022 from <https://medicalxpress.com/news/2017-02-incidence-brain-linked-anti-clotting-drugs.html>

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