

# Exenatide, pioglitazone effective for poorly controlled T2DM

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(HealthDay)—For patients with long-standing poorly controlled type 2 diabetes mellitus (T2DM) on metformin plus a sulfonylurea, combination therapy with exenatide and pioglitazone is effective and safe, according to a study published online Jan. 17 in *Diabetes Care*.

Muhammad Abdul-Ghani, M.D., Ph.D., from Hamad General Hospital in Doha, Qatar, and colleagues randomized 231 patients with poorly controlled T2DM on a sulfonylurea plus metformin to receive combination therapy (pioglitazone plus weekly exenatide) or [insulin therapy](#) (basal plus prandial insulin) to maintain hemoglobin A1c (HbA1c)

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