

Genetic mutations found linked to rare cases of multiple bowel tumors

5 July 2016



Researchers have identified genetic mutations affecting the immune system which may lead to the development of more than one bowel tumour at the same time. Understanding how these cancers develop could improve targeting of therapies, according to the study published in *Nature Communications*.

Most people with <u>colorectal cancer</u> will develop one primary tumour, which may then multiply and spread. However, in around two to five per cent of colorectal cancer cases, two primary tumours will originate and develop independently, known as synchronous colorectal cancer.

The study, led by researchers from King's College London, investigated whether the synchronous tumours had the same or different mutations and what genetic alterations could be predisposing people to develop more than one colorectal tumour. They analysed 20 synchronous colorectal cancers from 10 patients, and compared their genetics to people with only one colorectal cancer and to healthy people.

The genetic analysis found the synchronous tumours were not related to each other—they contained a variety of different genetic mutations that had led to cancer. This genetic variation makes synchronous colorectal cancers more difficult to treat, because therapies targeted at specific genetic aberrations in a person's cancer may not work if the other tumour has different genetic mutations.

Researchers also found synchronous colorectal cancer patients had a higher occurrence of inherited damaging mutations in immune-related genes. Three-quarters of synchronous colorectal cancer patients were found to have rare damaging mutations in genes related to immune system function.

These patients had differences in the composition of their gut <u>immune cells</u>, which could lead to inflammation in the gut. The study authors conclude that synchronous colorectal cancer patients have inherited damaging alterations of immune-related genes, which may cause an inflammatory environment in the gut and increase the frequency of independent cancer-initiating events.

Dr Francesca Ciccarelli, senior author from the Division of Cancer Studies at King's College London, said: 'Between two and five per cent of all bowel cancer patients develop more than one primary tumour, called synchronous tumours. Prior to this study, it was unclear whether these multiple tumours started because of the same faulty genes. Now we know that these tumours are as different as cancers from two different people and patients inherit mutations in genes of the immune system that potentially have damaging effect. These mutations are usually very rare in healthy people, but they occur at a much higher frequency in this patient group.

'Currently, colorectal cancer patients with



synchronous tumours receive the same type of treatments as other <u>cancer patients</u>, but we now know that each of their multiple cancers are likely to respond to therapy and develop resistance in a different way. Therefore, their treatment should be tailored accordingly. This is an extreme example of precision medicine - normally, precision medicine targets a therapy to match a patient's cancer mutation, but in the case of multiple tumours in one patient we need to give the right drug to the right cancer in order to maximise the response.'

'We still do not know whether the damaging mutations in <u>immune system</u> genes of these patients have a direct effect on the composition of the gut immune cells. To unravel this aspect, we will do further studies to profile the gene expression pattern of these cells and, in case we find differences with <u>healthy people</u>, this can be used as a biomarker to predict the development of synchronous tumours.'

Dr Matteo Cereda, author from the Division of Cancer Studies at King's College London, said: 'These patients also have an abnormal composition of immune cells of the gut and in the tumours. Our hypothesis is that these individuals develop multiple tumours because they have an abnormal immune and inflammatory response that favours tumour initiation.'

More information: *Nature Communications*, <u>DOI:</u> 10.1038/NCOMMS12072

Provided by King's College London APA citation: Genetic mutations found linked to rare cases of multiple bowel tumors (2016, July 5) retrieved 30 April 2021 from <u>https://medicalxpress.com/news/2016-07-genetic-mutations-linked-rare-cases.html</u>

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