

Teen births fall again, another drop in decades of decline

2 June 2016, by Mike Stobbe



Teen pregnancies fell again last year, to another historic low, a government report shows.

"The continued decline is really quite amazing," said Brady Hamilton, the lead author of the new report from the Centers for Disease Control and Prevention.

Last year, the birth rate for U.S. teens dropped 8 percent. Rates have been falling since 1991, and this marks yet another new low.

Experts cite a range of factors, including less sex, positive peer influence, and more consistent use of birth control.

"The credit here goes to the teens themselves," said Bill Albert, spokesman for the National Campaign to Prevent Teen and Unplanned Pregnancy.

The new report is based on a review of most of the [birth](#) certificates filed last year. There were nearly 4 million births. That's down slightly from the 2014 total, by about 4,300.

The CDC released the data on Thursday, as part

of a report on U.S. births in 2015.

Other key figures:

—The [birth rate](#) was 22 [live births](#) per 1,000 females ages 15 through 19. The rate was 24 per 1,000 the year before.

—About 230,000 babies were born to teen moms; in 1970, that number was nearly 645,000.

—For moms of all ages, births decreased for white women, stayed about the same for black moms, and rose for Hispanic mothers.

—Birth rates for women in their 20s continued to decline. Rates for moms in their 30s and early 40s continued to rise.

—Unmarried moms accounted for about 40 percent of births—the same as the year before.

—Cesarean sections dropped slightly, to 32 percent. It was the third straight drop, but experts say it's still much higher than medically necessary.

—There was a slight uptick in babies delivered at less than 37 weeks. It was the first increase in preterm births since 2007.

However, there was no change for premies born before 34 weeks, said another CDC author, Joyce Martin.

"That's kind of the good news," she said.

More information: CDC report: www.cdc.gov/nchs/

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