

Testosterone undecanoate cuts anemia in hypogonadal men

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(HealthDay)—Testosterone undecanoate reduces anemia in patients with subnormal testosterone levels, according to a study published in the April issue of *The Journal of Urology*.

Li Tao Zhang, from Chonbuk National University in Jeonju, South Korea, and colleagues conducted a registry study involving 58 participants with a subnormal total testosterone level and at least mild symptoms of testosterone deficiency. At the initial visit, all [patients](#) received an injection of 1,000 mg testosterone undecanoate, followed by injection at six, 18, 30, 42, and 54 weeks.

The researchers found that testosterone undecanoate therapy restored total testosterone and free testosterone (both P

"After 54 weeks, [testosterone](#) undecanoate decreased the prevalence of [anemia](#) and components of the metabolic syndrome," the authors write.

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