

Topical kunzea oil no help for psoriasis

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(HealthDay)—The addition of kunzea oil does not improve the efficacy of topical psoriasis treatments containing liquor carbonis detergens (LCD) and salicylic acid, according to a study published online Aug. 12 in the *Journal of Clinical Pharmacy and Therapeutics*.

Jackson Thomas, Ph.D., from the University of Canberra in Australia, and colleagues randomized 30 patients (mean age, 52.8 years) with mild to moderate [psoriasis](#) to receive ointment and/or scalp lotion containing 20 percent kunzea oil (test group) or control medications not containing kunzea oil (control group). All formulations contained 5 percent LCD and 3 percent salicylic acid.

The researchers found that after eight weeks of treatment, both test and control groups demonstrated a significant ($P = 0.05$).

"The inclusion of kunzea oil made no difference to the efficacy of topical formulations containing LCD and [salicylic acid](#) for the treatment of psoriasis," the authors write.

More information: [Abstract](#)
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