

Proteinuria level predicts renal outcome in lupus nephritis

May 6 2015



(HealthDay)—Proteinuria levels at 12 months are the best predictor of long-term renal outcome in patients with lupus nephritis, according to a study published in the May issue of *Arthritis & Rheumatology*.

Maria Dall'Era, M.D., from the University of California in San Francisco, and colleagues analyzed data from the Euro-Lupus Nephritis Trial to evaluate the performance of proteinuria, [serum creatinine](#) (Cr), and urinary red blood cells (RBCs) as predictors of good long-term renal outcome (defined as a serum Cr value ≤ 1.0 mg/dL) in patients with [lupus nephritis](#). Seventy-six [patients](#) were followed for a minimum of seven years.

The researchers found that a proteinuria value of

Citation: Proteinuria level predicts renal outcome in lupus nephritis (2015, May 6) retrieved 31 December 2023 from <https://medicalxpress.com/news/2015-05-proteinuria-renal-outcome-lupus-nephritis.html>

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