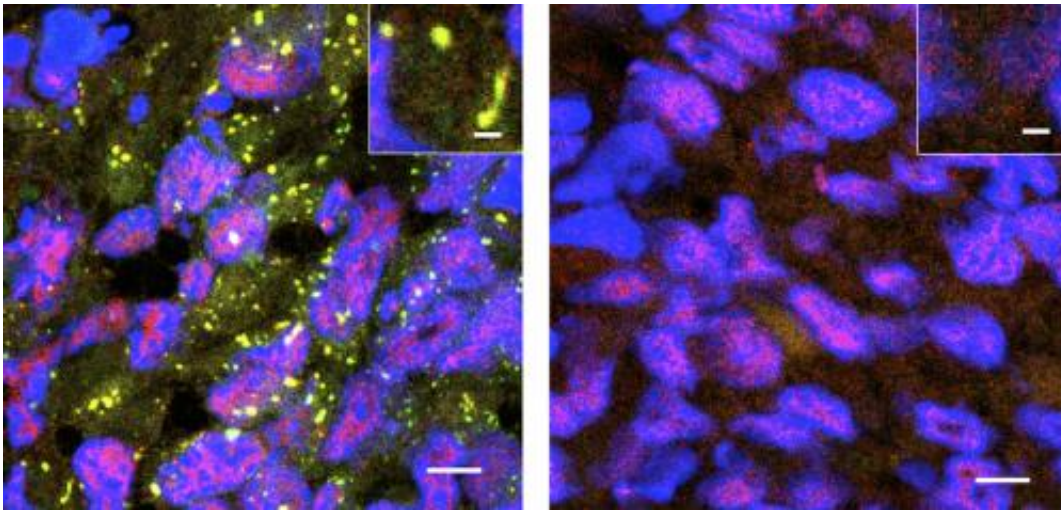


# Stress granules ease the way for cancer metastasis

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Fewer stress granules (yellow) occur in cancer cells lacking G3BP1 (right) than in controls (left). Nuclei are labeled blue. Credit: Somasekharan et al., 2015

Tumors that produce more stress granules are more likely to metastasize, according to a study published in *The Journal of Cell Biology*. The results suggest that drugs to inhibit the formation of these structures might rein in cancer metastasis.

When cells are under duress, they curtail almost all [protein synthesis](#) and stash their mRNAs in stress granules. These structures help [healthy cells](#), but they also allow tumor cells to survive harsh conditions. A protein named YB-1, which is overexpressed in many types of tumors,

accumulates in stress granules, but researchers don't know how YB-1 affects these particles.

University of British Columbia scientist Poul Sorensen and his colleagues found that stressed-out cancer cells need YB-1 to assemble stress granules. Removing YB-1 decreased levels of one stress granule protein, G3BP1. The team discovered that YB-1 attaches to the mRNA encoding G3BP1 and stimulates the protein's production.

To determine the effects of YB-1 in animals, the researchers implanted mice with cancer cells that either made or lacked the protein. A month later, cells in the control tumors carried more stress granules than did the [tumor cells](#) missing YB-1. Sorensen and colleagues then implanted mice with tumors that either produced or lacked G3BP1. The control tumors harbored more stress granules than did the G3BP1-deficient tumors, and only the control tumors metastasized.

Further research is needed to find out how the reduction in [stress granules](#) curbs metastatic spread, but the results suggest that inhibiting their formation might be a way to curb [cancer metastasis](#).

**More information:** Somasekharan, S.P., et al. 2015. *J. Cell Biol.* [DOI: 10.1083/jcb.201411047](https://doi.org/10.1083/jcb.201411047)

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