

Many Americans may get hospice care too late

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A third die within a week of beginning palliative care, experts say.

(HealthDay)—Of the more than 1.5 million patients who received hospice care in the United States in 2013, one-third died within one week of getting it, a new report shows.

"While many dying Americans are opting for <u>hospice care</u> at the end of their lives, far too many receive care for a week or less. We need to reach <u>patients</u> earlier in the course of their illness to ensure they receive the full benefits that hospice and <u>palliative care</u> can offer," J. Donald Schumacher, president and CEO of the National Hospice and Palliative Care Organization, said in a news release from the organization.

In the new report, the organization examined the growth, delivery and quality of hospice care in the United States. The findings were presented



in Nashville recently at a meeting of hospice and palliative care professionals.

The investigators found that 34.5 percent of hospice patients received care for seven days or less, while half of hospice patients received care for less than 18 days. Of all hospice care, 66 percent was provided where patients lived, including private homes, residential facilities or nursing homes.

The report authors noted that 91 percent of hospice care in 2013 was covered by the Medicare Hospice Benefit.

Meanwhile, the <u>report</u> revealed that most hospice patients had conditions other than cancer. "A common misconception is that hospices care predominantly for people with cancer," said Schumacher.

The researchers found that 63 percent of the people who received hospice care were not cancer patients and had other illnesses, such as dementia, heart disease, lung disease, stroke or kidney disease.

Research presented at meetings is considered preliminary until it is published in a peer-reviewed medical journal.

More information: The U.S. National Library of Medicine has more about <u>hospice care</u>.

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