

Pre-angiography high-dose statins cut contrast-induced AKI

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(HealthDay)—For patients undergoing coronary angiography, pretreatment with high-dose statins reduces the risk of contrast-induced acute kidney injury (CIAKI), according to a meta-analysis published in the Nov. 1 issue of *The American Journal of Cardiology*.

Anene Ukaigwe, M.D., from the Reading Health System in Pennsylvania, and colleagues conducted a systematic review and meta-analysis of <u>randomized controlled trials</u> of short-term high-dose statins for CIAKI prevention in patients undergoing <u>coronary angiography</u>. Data were included from 12 randomized controlled trials involving 5,564 patients.

The researchers found that CIAKI occurred in 3.4 percent of patients pretreated with high-dose statins and in 7.6 percent of those pretreated with low-dose statin or placebo (odds ratio, 0.43; P renal insufficiency (creatinine clearance

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